

Bluebonnet



Calcium Citrate Plus Magnesium

High Potency Calcium
Dietary Supplement

90 Caplets



Supplement Facts

Serving Size 4 Caplets Servings Per Container 22.5

Amount Per Serving		% Daily Value
Calcium (as calcium citrate)	1000 mg	100
Magnesium (as magnesium aspartate)	400 mg	100

Daily Value based on a 2,000 calorie diet.

Other ingredients: Vegetable cellulose, stearic acid,
silica, vegetable magnesium stearate, vegetable glaze.

Minerals are shown in their elemental value.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
www.bluebonnetnutrition.com

Directions: As a dietary supplement, take
four caplets daily or as directed by a
healthcare practitioner.

**Bluebonnet's Calcium Citrate Plus
Magnesium Caplets** provide calcium in
a chelate of calcium citrate plus magnesium
from reacted magnesium aspartate. Available
in easy-to-swallow caplets for maximum
assimilation and absorption.

Free of milk, egg, fish, crustacean shellfish,
tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley
and sugar.

Bluebonnet's KOF-K certification #K-0000700

