500 mg USP

**Supports Energy** Metabolism and **Nervous & Immune** System Health\*

120 **Tablets** 

**Dietary** Supplement

SUGGESTED USE: Take one (1) tablet daily, preferably with a meal.

## **Supplement Facts**

ı	Serving Size 1 Tablet	
i	Each Tablet Contains	%Daily Value
ı	Vitamin C 500 mg	833%
ı	Vitamin E 30 I.U.	100%
ı	Thiamin (Vitamin B-1) 10 mg	667%
ı	Riboflavin (Vitamin B-2 ) 10 mg	588%
ı	Niacin 100 mg	500%
ı	Vitamin B-6 5 mg	250%
ı	Folic Acid 400 mcg	100%
ı	Vitamin B-12 12 mcg	200%
ı	Biotin 45 mcg	15%
ı	Pantothenic Acid 20 mg	200%
ı	Choline Bitartrate 1 mg	**
ı	Inositol 1 mg	**
ı	PABA (Para-Aminobenzoic Acid) 1 mg	**

\*\*Daily Value not established.

Gluten Free

INGREDIENTS: Ascorbic Acid. Cellulose (Plant Origin). Niacinamide Dicalcium Phosphate, dl-Alpha Tocopheryl Acetate, d-Calcium Pantothenate. Croscarmellose Sodium, Vegetable Stearic Acid Thiamin Mononitrate, Riboflavin, Silica, Magnesium Stearate, Gelatin, Pyridoxine Hydrochloride, Maltodextrin, Choline Bitartrate, Cellulose Coating, Mannitol, Inositol, PABA (Para-Aminobenzoic Acid), Folic Acid, d-Biotin, Cyanocobalamin,

Contains fish (cod. pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients.

If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

NO PRESERVATIVES ADDED NO LACTOSE NO ARTIFICIAL COLOR OR FLAVOR

Keen out of the reach of children. Keep in a cool dry place, tightly closed,

**COllections or comments?** 1-877-932-7948

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