

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy.
Your health & safety are our first priority!

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **7191**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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**Iron
Free**

ABC *plus* Senior

**Comprehensive Formula for
Energy Metabolism & Heart Health***

120 COATED
CAPLETS

MULTI-VITAMIN &
MULTI-MINERAL FORMULA
DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) caplet daily, preferably with a meal.

Supplement Facts			Amount Per Serving	%Daily Value
Serving Size 1 Caplet				
Amount Per Serving		%Daily Value		
Vitamin A (as Vitamin A Acetate and 40% as Beta-Carotene)	2,500 IU	50%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin C (as Ascorbic Acid)	60 mg	100%	Magnesium (as Magnesium Oxide)	50 mg 13%
Vitamin D (as D3 Cholecalciferol)	500 IU	125%	Zinc (as Zinc Oxide)	11 mg 73%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	50 IU	167%	Selenium (as Sodium Selenate)	55 mcg 79%
Vitamin K (as Phyttonadione)	30 mcg	38%	Copper (as Cupric Sulfate)	0.5 mg 25%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg	100%	Manganese (as Manganese Sulfate)	2.3 mg 115%
Riboflavin (Vitamin B-2)	1.7 mg	100%	Chromium (as Chromium Picolinate)	45 mcg 38%
Niacin (as Niacinamide)	20 mg	100%	Molybdenum (as Sodium Molybdate)	45 mcg 60%
Vitamin B-6 (as Pyridoxine Hydrochloride)	3 mg	150%	Chloride (as Potassium Chloride)	72 mg 2%
Folic Acid	400 mcg	100%	Potassium (as Potassium Chloride)	80 mg 2%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	417%	Boron (as Boric Acid and Sodium Borate)	150 mcg **
Biotin (as d-Biotin)	30 mcg	10%	Nickel (as Nickel Sulfate)	5 mcg **
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%	Silicon (as Silicon Dioxide)	2 mg **
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	220 mg	22%	Vanadium (as Sodium Metavanadate)	10 mcg **
Phosphorus (as Dicalcium Phosphate)	20 mg	2%	Lutigold™ Lutein	250 mcg **
			Lycopene	300 mcg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Croscopovidone, FD&C Blue #2 Lake, FD&C Red #40 Lake, FD&C Yellow #6 Lake, Starch, Titanium Dioxide Color, Vegetable Magnesium Stearate.