

Amount Per Serving		% Daily Value	
		Under 4 yrs	through Adult
Zinc (from zinc amino acid chelate)	3 mg	38	20
Copper (from copper amino acid complex) ..	0.05 mg	5	3
Manganese (from manganese amino acid chelate)	0.05 mg	+	3
Potassium (from amino acid chelate)	1 mg	+	<1
Choline (Bitartrate)	10 mcg	+	+
Inositol	10 mcg	+	+
Lemon Bioflavonoid Complex	20 mg	+	+
PABA (para-aminobenzoic acid)	400 mcg	+	+
Fruit Blend Concentrate (high - ORAC)	10 mg	+	+

* Daily Value not established.

† Percent Daily Values are based on a 2000 calorie diet.

Other Ingredients: Fructose, natural berry flavor, stearic acid, magnesium stearate (vegetable source), citric acid, cellulose, guar gum, silica, turmeric extract, malic acid, wild blueberry extract, grape and grapeseed extract, raspberry and raspberry seed extract, cranberry powder, prune powder, tart cherry powder, wild bilberry extract, strawberry powder.

SUGGESTED USE: Chew two tablets daily with meals.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

WE GUARANTEE OUR SUPPLEMENTS FOR POTENCY AND PURITY

To report a serious adverse event, call 1-888-710-0006

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Natural Berry Flavor

**BENGAL
BITES®**

Children's Vegetarian
Multivitamin and Mineral

60 CHEWABLE TABLETS



Supplement Facts

Serving Size 2 Chewable Tablets

Servings Per Container 30

Amount Per Serving	% Daily Value	
	Under 4 yrs	through Adult
Calories 10		
Total Carbohydrate	2g	* <1%*
Sugars	2g	
Vitamin A (as beta-carotene)	5,000 IU	200 100
Vitamin C (as calcium ascorbate)	50 mg	150 100
Vitamin D3 (as cholecalciferol)	400 IU	100 100
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	300 100
Thiamin (as thiamin mononitrate)	1.5 mg	214 100
Riboflavin	1.7 mg	213 100
Niacin (as niacinamide)	20 mg	222 100
Vitamin B6 (as pyridoxine HCl)	2 mg	286 100
Folic Acid	400 mcg	200 100
Vitamin B12 (as cyanocobalamin)	6 mcg	200 100
Biotin	50 mcg	33 17
Pantothenic Acid (as d-calcium pantothenate) ...	10 mg	200 100
Calcium (from calcium amino acid chelate)	20 mg	3 2
Iron (from iron amino acid chelate)	5 mg	50 28
Iodine (from kelp, potassium iodide)	100 mcg	143 67
Magnesium (from magnesium amino acid chelate)	10 mg	5 3

KEEP OUT OF REACH OF CHILDREN.

VL 507H

