

organic veggies+

sea vegetables¹, dark leafy greens², digestive enzymes³, ginger and turmeric⁴, cinnamon bark extract⁵, probiotics⁶

FRONT PANEL

To get your daily serving of veggies, we combined a proprietary blend of **1) hormone-supporting sea veggies**, including **kelp** and **chlorella**, with **2) antioxidant-rich dark leafy greens**, including **broccoli** and **spinach**, that support healthy aging.* We also added **3) digestive enzymes** for optimal breakdown and absorption of nutrients, **4) the botanicals ginger** and **turmeric** for an antioxidant boost, **5) cinnamon bark extract** to promote healthy blood sugar balance, and **6) 10 billion CFUs** of the **Lactobacillus** and **Bifidobacterium** strains of probiotic bacteria for added gut health support.* Combined, this targeted blend ensures you have a healthy foundation of the nutrients your body loves and never wants to go a day without.

dietary supplement

net wt 8.2 oz

promotes glowing skin, supports your gut, and helps balance your hormones.*

Promotes a well-balanced inflammatory response with a proprietary blend of **dark leafy greens**, **ginger**, and **turmeric** – one of the most studied natural compounds on the planet.* **Digestive enzymes** and **probiotic bacteria** fight bloat and digestive discomfort, and **cinnamon bark extract** promotes normal blood sugar balance, while **sea vegetables** like **kelp**, **spirulina**, and **chlorella** support hormone balance.*

finally, a greens powder for everyone! we formulated organic veggies+ to be 100-percent safe for any dietary need.

BACK PANEL

easy to fit into your daily routine

Mix 1 scoop with at least 8 ounces of water, juice, or milk of choice for a quick hit of nutrients. Blend it into a smoothie, stir it into a savory soup, or sprinkle it on popcorn.

you'll never find:

Gluten, FODMAPs, Gut Irritants, Lectins, GMO Ingredients, Stevia or Monk Fruit Extract, Artificial Colors or Flavors, Added Sugar

better for you, better for the planet

We formulated organic veggies+ using leading sustainable practices — because our health is intricately tied to the health of the planet. Find out more at mindbodygreen.com

supplement facts

Serving Size: 1 Scoop (8.3 g)

Servings Per Container: 28 Servings

	Amount Per Serving	%DV
Calories	30	
Total Carbohydrates	6 g	2%*
Total Sugars	2 g	
Iron	0.7 mg	4%
Potassium	140 mg	3%
Organic Veggies+ Proprietary Mix	8 g	**
Organic Vegetable Antioxidant Blend: Carrot, Broccoli, Green Cabbage, Spinach, Chlorella BCW, Green Tea Leaf Extract, Kelp, Spirulina, Beet Root, Alfalfa Grass, Kale		
Organic Fruit Antioxidant Blend: Strawberry, Raspberry, Blueberry, Acerola Cherry Extract, Black Currant, Acai, Cranberry		
Organic Fiber Blend: Inulin, Flax Seed Fiber		
Digestive Blend: Organic Ginger Root, Organic Turmeric Root, Organic Cinnamon Bark Extract, Enzyme Blend (Protease, Amylase, Glucoamylase, Invertase, Diastase, Lipase)		
Bifidobacterium (from <i>Bifidobacterium bifidum</i> and <i>Bifidobacterium lactis</i>)	5 B CFUs	
<i>Lactobacillus acidophilus</i> (La-14)	5 B CFUs	

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) Not Established.

suggested use: Mix one (1) serving with at least 8 ounces of water, juice, or milk of choice daily or as recommended by your health care practitioner.

If pregnant, consult your health care practitioner before using this product.

tamper-evident: Use only if bag is sealed. Store tightly sealed in a cool, dry place.

for more information:
mindbodygreen.com @mindbodygreen

USSET FOLD

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For: Thorne Research, Inc. 1 800 228 1966

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