

S W A N S O N[®]

Probiotics

Dr. Stephen Langer's Ultimate 16 Strain Probiotic

with Trace Minerals & FOS

Dietary Supplement

3 Billion CFU†
60 veggie capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one veggie capsule per day with water or juice.

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

FOS (Fructooligosaccharides).....	50 mg*
ConcenTrace [®] Trace Mineral Complex.....	12.5 mg* (from the Great Salt Lake, 72 naturally occurring minerals, plus other minerals found in seawater)
Lactobacterium longum...	430 million viable organisms†
Lactobacillus acidophilus...	430 million viable organisms†
Bifidobacterium bifidum...	180 million viable organisms†
Bifidobacterium breve...	180 million viable organisms†
Bifidobacterium lactis...	180 million viable organisms†
Lactobacillus brevis.....	180 million viable organisms†
Lactobacillus bulgaricus...	180 million viable organisms†
Lactobacillus casei.....	180 million viable organisms†
Lactobacillus helveticus...	180 million viable organisms†
Lactobacillus plantarum...	180 million viable organisms†
Lactobacillus reuteri.....	180 million viable organisms†
Lactobacillus rhamnosus...	180 million viable organisms†
Lactobacillus salivarius...	180 million viable organisms†
Lactococcus lactis.....	180 million viable organisms†
Streptococcus.....	180 million viable organisms† thermophilus
Bifidobacterium infantis...	90 million viable organisms†

*Daily Value not established.

†Colony-Forming Units (live bacteria) at time of manufacture.
May contain trace amounts of milk from fermentation media.

Other ingredients: Microcrystalline cellulose (plant fiber), hypromellose (vegetable capsule, gellan gum), alfaalfa, may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS • PO Box 2803 • Fargo, ND 58106 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148 or visit our website at www.swansonvitamins.com

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