

nr+
dietary supplement

suggested use: Take two (2) capsules once daily or as recommended by your health care practitioner. If pregnant, consult your health care practitioner before using this product.

tamper-evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

for more information:
mindbodygreen.com @mindbodygreen



MBG003
LMBG00301

mindbodygreen
by Thorne

nr+

astaxanthin¹, rhodiola²,
phytoceramides³, betaine⁴

Finally, the ultimate supplement for healthy aging. We combined **nicotinamide riboside (nr)**, which increases NAD+ and supports cellular energy production for maintaining healthy muscles and younger-looking skin, with **1) astaxanthin** to target free radicals that can damage the skin, **2) rhodiola** to protect against oxidative stress, **3) phytoceramides** to support skin moisture and appearance, and **4) betaine** for heart health.[‡]

dietary supplement

60 capsules

supplement facts

Serving Size: 2 Capsules
Servings Per Container: 30

Two Capsules Contain:	%DV
Nicotinamide Riboside Chloride	200 mg *
Rhodiola (<i>Rhodiola rosea</i>) root	100 mg *
Betaine, Anhydrous (Trimethylglycine)	50 mg *
Ceramosides® Phytoceramide Extract (<i>Triticum vulgare</i>) seed†	30 mg *
Astaxanthin (as AstaReal® <i>H. pluvialis</i> algae extract)††	3 mg *

*Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Vegetable Capsule (HPMC, water), Calcium Laurate

† Ceramosides® is a registered trademark of E.P.I. France.

†† AstaReal® is a registered trademark of Fuji Chemical Industries Co., Ltd.

‡ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For: Thorne Research, Inc. 1.800.228.1966