

- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one tablet one to four times per day with water.

Enteric coated to enhance stability.

WARNING: Consult your healthcare provider before use if you are pregnant or nursing, taking antidepressant medication or if you have bipolar disorder.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

SAMe (S-Adenosyl L-Methionine) 400 mg**
(from 800 mg S-adenosyl-L-methionine tosylate disulfate)

**Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), croscarmellose sodium, ascorbic acid, citric acid, silica, ascorbyl palmitate, enteric coating [methacrylic acid copolymer, hydroxypropyl cellulose, hydroxypropyl methylcellulose, propylene glycol, calcium carbonate, riboflavin (colorant)].

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
PO Box 2803 • Fargo, ND 58108 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



- Supports the production of mood neurotransmitters*
- Increases the production of brain chemicals*
- Nourishes a positive or happy mood*
- Safe and effective
- Guaranteed results
- Clinically proven results

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Swanson

ULTRA®

The Most Advanced Nutrition Technology

TABLETS

High-Potency
SAMe
400 mg
Dietary Supplement

Emotional
Wellness*



30 TABLETS • 400 mg



0 87614 02218 5

SWU218