



Lemon Flavor Omega-3 Fish Oil

180 EPA/120 DHA
Dietary Supplement

*Molecularly
Distilled
for Purity*

150 softgels

• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE:

As a dietary supplement, take one softgel two times per day with water, during meals.

WARNING: Consult your healthcare provider before use if you are taking a blood-thinning medication.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 gram	1%
Cholesterol	5 mg	2%
Omega-3 Fish Oil 18/12 (GMO free) (anchovy, sardine)	1 gram	*
EPA (eicosapentaenoic acid)	180 mg	*
DHA (docosahexaenoic acid)	120 mg	*

Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water, natural lemon oil, mixed tocopherols (vitamin E).

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
PO Box 2803 • Fargo, ND 58108 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
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