



Supplement Facts		
Serving Size: 2 Pieces		
Servings Per Container: 45		
Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrate	6 g	2% *
Dietary Fiber	4 g	16% *
Soluble Fiber	4 g	**
Sugars	<1 g	**
Chromium (as Chromium Picolinate)	200 mcg	167%
* Daily Value based on a 2,000 calorie diet.		
** Daily Value not established.		

inactive Ingredients: Chicory Inulin, Gelatin, Citric Acid, LActic Acid, NAtural Flavors, Colors Added, (Black Carrot Juice Concentrate, Purple Berry Extract), Fractionated Coconut Oil, Carnauba wax, Lo Han Fruit Concentrate

Quick view

- Helps reach your daily fiber minimum
- For weight management
- All natural flavors

These gummies help reach your daily fiber minimum. One dose of two great tasting, all-natural fruit-flavored gum drops provide 4 grams of soluble fiber to help you supplement your fiber intake. No water needed and great for on-the-go.

Fiber is an important part of a balanced diet and overall health. It increases the feeling of fullness and helps process carbohydrates and fats.*

Contains no preservatives. Free from wheat (gluten), milk, eggs, tree nuts, peanuts and soy allergens.

- For weight management*
- Three great all natural flavors to choose from
- Child resistant cap

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in USA

100% satisfaction guaranteed

Adults should chew two drops per day (no water needed). Reduce daily dosage if minor gas or bloating occurs. Adults: 2 gummies daily** (4 g fiber). Store at controlled room temperature. Do not store product over 80°F. Keep in a dry area away from direct light. **Not to exceed 4 gummies per day.