



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

MSM

(Methyl • sulfonyl •
methane)

Dietary Supplement



250 capsules • 500 mg

• DO NOT USE IF SEAL IS BROKEN • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two capsules three times per day with water.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 125

Amount Per Serving

MSM (methylsulfonylmethane) 1 gram*

*Daily Value not established.

Other ingredients: Rice flour, gelatin, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

PO Box 2803 • Fargo, ND 58108 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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