

IMPORTANT FACTS YOU SHOULD KNOW

Omega-3 Fish Oil contains EPA and DHA, which help support and maintain the health of your cardiovascular system.* Omega-3 fatty acids also help maintain triglyceride levels already in the normal range.* This unique supplement is coated, which means the active ingredients bypass the stomach and are digested in the small intestine, which can minimize the aftertaste. Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of Fish Oil 1200 mg provides 360 mg total of EPA, DHA and other omega-3 fatty acids. See nutrition information for total fat and cholesterol content.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Sugar, No Artificial Color, No Artificial Flavor.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Product of Peru

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MANUFACTURED FOR DOLGENCORP, LLC
100 MISSION RIDGE
GOODLETTSVILLE, TN 37072 USA

A0282

Prod. No. 55938

ACTUAL
SIZE

02A B36340 LAE ©2017



COATED

Fish Oil 1200_{mg}

with 360 mg of
Omega-3 Fatty Acids

PURIFIED TO ELIMINATE MERCURY

Minimizes Fishy Aftertaste

Heart, Joint & Skin Health*

90 Softgels
Dietary Supplement



DIRECTIONS: FOR ADULTS, TAKE ONE (1) SOFTGEL THREE TIMES DAILY, PREFERABLY WITH MEALS. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	15	
Total Fat	2 g	3%**
Polyunsaturated Fat	1 g	***
Cholesterol	10 mg	3%
Fish Oil	1,200 mg (1.2 g)	***
provides 360 mg of Total Omega-3 Fatty Acids† comprising of:		***
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Other Fatty Acids		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Glycerin. Contains <2% of: Acetylated Monoglycerides, Food Glaze, Mixed Natural Tocopherols, Polysorbate 80, Potassium Sorbate (preservative), Sodium Alginate.

Contains fish (anchovy, herring, mackerel, sardine) ingredients.

†As Natural Triglycerides

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