BifidoBiotics with LactoSpore®

Provides friendly bacteria from the bifidobacteria group, the most common probiotics found in the large intestine.
Lyophilized (freeze-dried). **Dairy-Free.**

Suggested Use

As a dietary supplement, 1 capsule two or three times daily, or as directed by a healthcare practitioner.

To maintain potency, store tightly closed and refrigerated.
Short term heat exposure is acceptable.

LactoSpore® is a registered trademark of Sabinsa Corporation.

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Formulated exclusively for
Allergy Research Group®
South Salt Lake, UT 84115
www.allergyresearchgroup.com
Phone: 800.545.9960

AllergyResearchGroup®

BifidoBiotics
with LactoSpore®

dietary supplement

60 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	60

Amount Per Serving		% Daily Value
Lactobacillus rhamnosus (ATCC SD5217)	2.2 Billion CFUs*	†
Bifidobacterium breve (ATCC SD5206)	1.2 Billion CFUs*	†
Bifidobacterium longum (ATCC SD5588)	1.2 Billion CFUs*	†
LactoSpore® (*Bacillus coagulans* MTCC 5856)	360 Million CFUs*	†
Lactobacillus acidophilus (ATCC SD5212)	240 Million CFUs*	†

† Daily Value not established.
* Viable cell count at time of manufacture

Other ingredients: Hydroxypropyl methylcellulose, dicalcium phosphate, maltrodextrin, stearic acid.

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