

ULTRA MAN™

DAILY MULTI-PACKS
BALANCED NUTRITION SYSTEM | HEALTHY LIFESTYLE
PROGRAM FOR MEN

Supplement Facts

Serving Size 1 Packet
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	25
Calories from Fat	20
Total Fat	2 g 3%***
Polysaturated Fat	1.5 g ***
Monounsaturated Fat	0 g ***
Cholesterol	5 mg 2%
Total Carbohydrate	1 g <1%***
Protein	<1 g 1%***
Vitamin A	5,000 IU 100%
(as Retinyl Acetate and Beta-Carotene)	
Vitamin C (as Ascorbic Acid)	500 mg 500%
Vitamin D (as D3 Cholecalciferol)	4,000 IU 1,000%
Vitamin E (as d-Alpha Tocopheryl Acetate)	50 IU 100%
Vitamin K (as Phytylphosphonate)	75 mcg 94%
Thiamin	50 mg 3,333%
(Vitamin B-1) (as Thiazin Mononitrate)	
Riboflavin (Vitamin B-2)	50 mg 2,941%
Niacin (as Nicotinamide)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,500%

Other Ingredients: Gelatin, Vegetable Cellulose, Vegetable Glycerin, Soybean Oil, Rice Bran Oil, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Mixed Natural Tocopherols, Soy Lecithin, Silica, Corn Oil, Titanium Dioxide Color, Vanillin, Natural Palm Leaf Glaze.

Contains milk, fish (anchovy, mackerel, sardine), soy and wheat ingredients.
†As Ethyl Esters

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

05/03/02 (5/03/06) 19/09, 23/09, 16/10, 29/1, 09/1



At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at our world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.

DIRECTIONS: For adult men, take one (1) packet daily, preferably with a meal.

No Preservatives, No Sugar, No Yeast.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer wrap is missing or torn.

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NO UV COATING

TO REORDER PROD. #18121
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
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Ronkonkoma, NY 11779 U.S.A.
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NUTRITION FROM THE SOURCE

ULTRA MAN™

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Energy Metabolism*
Sexual Health*

Heart & Circulatory Health*
Prostate Health*

MEN'S HEALTH*

30 DAY SUPPLY PACKETS



Net Content 30 g (1.06 oz)

Ultra Man™ Daily Multi-Packs contain the vitamins, minerals and herbs designed to help men meet some of their most important daily nutrient requirements.

ULTRA MAN™ MULTI:

This multiple vitamin and mineral supplement provides over 20 nutrients, including a B-Vitamin Complex to support energy metabolism, and a proprietary Amino Acid blend.* Formulated with high potency vitamins to support immune system health, nervous system health, sexual and reproductive health, and more.* Ultra Man™ also features the essential mineral Zinc, which is important for production of testosterone.*

L-ARGININE:

L-Arginine is one of 20 classic amino acids, which serve as important components of protein.* Arginine has become popular with active individuals as part of their healthy lifestyle and overall wellness routine.*

CO Q-10:

Co Q-10 appears in almost every cell in the body, and levels may decline with age. Co Q-10 supports energy metabolism, healthy aging, and heart health.*

OMEGA-3 FISH OIL:

Omega-3 fatty acids are some of the "good" fats important for cellular, heart and metabolic health.* Omega-3 Fish Oil contains fatty acids EPA and DHA, which help support and maintain the health of your cardiovascular system.*

SAW PALMETTO:

Saw Palmetto extract, derived from the berry of the Saw Palmetto tree, is one of the leading herbs for men's health.* Saw Palmetto contains phytochemicals, which support prostate and urinary health in men.*

VITAMIN D3:

A more potent and bioavailable form compared to D2, Vitamin D3 helps support bone, neuromuscular and immune system health.* Among other benefits, Vitamin D3 is essential to calcium absorption and is also involved in the regulation of magnesium metabolism.*



DIETARY SUPPLEMENT