



Nature's Lab™

SIX DAILY

ADVANCED MULTIVITAMIN



180 EASY-TO-SWALLOW VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

New
Improved
Formula

Suggested Use: As a dietary supplement, take 6 capsules daily, in divided doses, with meals, or as directed by a qualified healthcare practitioner.

Warnings: Pregnant or lactating women and people with known medical conditions and/or taking drugs should consult with a qualified healthcare practitioner prior to taking dietary supplements.

Do not use if seal is broken. Keep out of reach of children. Store in a cool, dry place.

Manufactured in a facility that also processes soy, milk, fish and shellfish.

NON GMO, GLUTEN FREE

Manufactured for Nature's Lab
6980 W. Warm Springs Road
Ste. 100
Las Vegas, NV 89113
1-888-793-0351
www.natureslab.com

ITEM #17194

REV.001
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18014-01719-4

Supplement Facts

Serving Size: 6 capsules

Servings Per Container: 30

	Amount Per Serving	%DV†
Vitamin A (as beta-carotene from mixed carotenoids and retinyl palmitate) 5000 IU	1500 mcg RAE	167%
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin D (as cholecalciferol) 5000 IU	125 mcg	625%
Vitamin E (as d-alpha tocopheryl succinate) 200 IU	134 mg	893%
Vitamin K (as K1 phytonadione and K2 menaquinone-7)	345 mcg	288%
Thiamin (as thiamin HCl)	50 mg	4167%
Riboflavin (as riboflavin and riboflavin 5' phosphate)	50 mg	3846%
Niacin (as niacinamide)	50 mg NE	312%
Vitamin B6 (as pyridoxine HCl and pyridoxal 5' phosphate)	50 mg	2941%
Folic Acid (equivalent to 1600 mcg of (6S)-5-methyltetrahydrofolic acid, glucosamine salt) Quatrefoil®	1334 mcg DFE	334%
Vitamin B12 (as methylcobalamin)	1000 mcg	41667%
Biotin	5000 mcg	16667%
Pantothenic Acid (as D-calcium pantothenate and panthethine)	25 mg	500%
Iodine (as potassium iodide)	600 mcg	400%
Magnesium (as oxide and magnesium aspartate)	405 mg	96%
Zinc (as zinc oxide, zinc L-methionine from L-OptiZinc® and zinc carnosine)	30 mg	273%
Selenium (as L-selenomethionine) Selenium SeLECT®	200 mcg	364%
Manganese (as manganese amino acid chelate)	2 mg	87%
Chromium (as chromium polynicotinate) ChromeMate®	400 mcg	1143%
Molybdenum (as molybdenum amino acid chelate)	150 mcg	333%
Alpha Lipoic Acid	600 mg	*
Milk Thistle Seed Extract (standardized to 80% silymarin) (Silybum marianum) (seed)	300 mg	*
Proprietary Superfood Blend Containing:	250 mg	*
RichBerry® Active fruit/berry complex (proprietary blend of blackberry, blueberry, cherry, cranberry, elderberry, persimmon, and prune powders)	225 mg	*

preB® Fermented Superfood Powder (Orange, pineapple, banana, apple, papaya, guava, melon, brown rice, oat, corn, barley, pea, jalo bean, roxinho bean, black sesame seed, millet, plum, adzuki bean, soy bean, carrot, rye grain, black bean, lentil bean, avocado, acerola, lemon, pear, tomato, red grape, mango, watermelon, pumpkin, sweet potato, chickpea, carambola, cashew nut, brazil nut, kiwi, cassava root, green bell pepper, sugar beet, collard couve-manteiga, cabbage, passion fruit, chichory, lemon grass, lotus root, turnip, kombu, mate, cinnamon, anise, cloves, ginger, zedoary)

Amount Per Serving %DV†

Pomegranate Extract (standardized to 40% ellagic acid) (Punica granatum) (hull)	250 mg	*
Acetyl L-Carnitine HCl	100 mg	*
Coenzyme Q10	100 mg	*
Grape Seed Extract (standardized to 95% proanthocyanidins) (Vitis vinifera) (seed)	100 mg	*
Horsetail Extract (standardized to 7% silica) (Equisetum arvense) (stem)	100 mg	*
Mushroom Immunity and Energy Complex (Agaricus blazei, Grifola frondosa, Wolfiporia cocos, Ganoderma lucidum, and Lentinula edodes)	100 mg	*
Pine Bark Extract (standardized to 95% proanthocyanidins) (Pinus pinaster) (bark)	100 mg	*
Turmeric Extract (standardized to 95% curcuminoids) (Curcuma longa) (rhizome)	100 mg	*
Cinnamon powder (Cinnamomum cassia) (bark)	50 mg	*
Citrus Bioflavonoid Complex '10'	50 mg	*
Quercetin (bioflavonoid)	50 mg	*
Red Wine Extract (standardized to 50% polyphenols) (Vitis vinifera) (fruit)	25 mg	*
Resveratrol (from Polygonum cuspidatum extract standardized to 50% trans-resveratrol) (root)	25 mg	*
VitaBerry® (Grape and grape seed extract, wild blueberry and wild blueberry extract, raspberry and raspberry seed concentrate, cranberry, prune, tart cherry, wild bilberry and wild bilberry extract and strawberry powder)	25 mg	*
VitaVeggie® (broccoli sprout concentrate, onion extract, tomato, broccoli, carrot, spinach, kale, Brussels sprout)	25 mg	*
Beta Glucan (Beta 1,3 / 1,6)	20 mg	*
Lutein (from marigold flower extract) (Tagetes erecta) (flower) Lutemax®	6 mg	*
Black Pepper Extract standardized to 95% piperine (Piper nigrum) (fruit) (BioPerine®)	5 mg	*
Boron (as boron amino acid chelate)	3 mg	*
Zeaxanthin (from marigold extract) (Tagetes erecta) (flower) Lutemax®	1200 mcg	*

*Daily Value (% DV) not established.

† The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Other Ingredients: Hypromellose (capsule), magnesium stearate (vegetable source) and silicon dioxide.

Allergens: Contains: Soy

Free of: Sugar, Salt, Dairy, Eggs, Peanuts, Tree Nuts, Fish, Shellfish, Yeast, Wheat, Gluten, Titanium Dioxide, Artificial Colors and Flavors.