

Compare to Ingredients of Centrum® Silver® Women 50+**

Complete

1000 IU Vitamin D
For Women Over 50
Multivitamin/Multimineral
Supplement

Nutritional Support With Important
Nutrients For Women 50+

50 Tablets



Supplement Facts

Serving Size 1 Tablet			
Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 3,500 IU	70%	Vitamin B12 50 mcg	833%
(43% as Beta-Carotene)		Biotin 30 mcg	10%
Vitamin C 100 mg	167%	Pantothenic Acid 5 mg	50%
Vitamin D 1,000 IU	250%	Calcium 300 mg	30%
Vitamin E 35 IU	117%	Iron 8 mg	44%
Vitamin K 50 mcg	63%	Phosphorus 20 mg	2%
Thiamin 1.1 mg	73%	Iodine 150 mcg	100%
Riboflavin 1.1 mg	65%	Magnesium 100 mg	25%
Niacin 14 mg	70%	Zinc 15 mg	100%
Vitamin B6 5 mg	250%	Selenium 22 mcg	31%
Folic Acid 400 mcg	100%	Copper 0.5 mg	25%

Ingredients: Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Dicalcium Phosphate, Ascorbic Acid (Vit. C), Microcrystalline Cellulose, Acacia, D-Alpha Tocopheryl Acetate (Vit. E), Gelatin, Croscarmellose Sodium, Stearic Acid, Ferrous Fumarate, Croscapsule, Zinc Oxide, Hydroxyethylcellulose, Polydextrose, Nicotinamide, Titanium Dioxide, Citric Acid, Magnesium Stearate, Calcium Silicate, Manganese Sulfate, Silicon Dioxide, Pyridoxine Hydrochloride (Vit. B6), Calcium Panthothenate, Polyethylene Glycol, Medium Chain Triglycerides, Thiamine Mononitrate (Vit. B1), Riboflavin (Vit. B2), Cupric Sulfate, Beta-Carotene, Vitamin A Acetate, Folic Acid, Chromium Piccolinate, Lutein, FD&C Blue #2 Aluminum Lake, FD&C Red #40 Aluminum Lake, Sodium Molybdate, Pyridoxine (Vit. B6), Sodium Selenate, Cyanocobalamin (Vit. B12), Sodium Methylcellulose, FD&C Yellow #5 Aluminum Lake, Nickel Sulfate.

DISTRIBUTED BY DOLGENCORP., LLC, 100 MISSION RIDGE
GOODLETTSVILLE, TN 37072 USA

SUGGESTED USE: Adults: Take one (1) tablet daily with food, hot formulated for use in children. Do not exceed suggested use. **Caution:** If you are pregnant or nursing a baby, taking any medication, or have a medical condition, consult a doctor before taking this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. (1-800-222-1222)

Store at room temperature. Keep bottle tightly closed. **Questions or comments? 1-800-309-9030**
Do not use if printed seal under cap is broken or missing.
***This product is not manufactured or distributed by Pfizer, marketer of Centrum® Silver® Women 50+.

100% Satisfaction Guaranteed!

If you're not satisfied with this product for any reason, please call us so we can make you 100% satisfied. (888) 309-9030



Complete

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Supplement



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Nutritional support with important nutrients for women 50+

Heart Health**

Vitamins B6, B12 and Folic Acid help support heart health**

Brain Health**

*B-Vitamins and Zinc help support normal brain function through their roles in carbohydrate metabolism**

Eye Health**

Vitamins A, C, and E and Lutein help support healthy eyes**

Bone Health**

Calcium and Vitamin D help maintain strong bones**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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actual size



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Vitamin D 1,000 IU	250%	Selenium 22 mcg	31%
Vitamin E 35 IU	117%	Copper 0.5 mg	25%
Vitamin K 50 mcg	63%	Manganese 2.3 mg	115%
Thiamin 1.1 mg	73%	Chromium 52 mcg	43%
Riboflavin 1.1 mg	65%	Molybdenum 50 mcg	67%
Niacin 14 mg	70%	Chloride 72 mg	2%
Vitamin B6 5 mg	250%	Potassium 80 mg	2%
Folic Acid 400 mcg	100%	Nickel 5 mcg	*
Vitamin B12 50 mcg	833%	Silicon 2 mg	*
Biotin 30 mcg	10%	Vanadium 10 mcg	*
Pantothenic Acid 5 mg	50%	Lutein 300 mcg	*
Calcium 300 mg	30%		
Iron 8 mg	44%		
Phosphorus 20 mg	2%		

*Daily Value (DV) not established.

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