

Omega-3 fatty acids assist the body's production of compounds that promote anti-inflammatory activity. As one of nature's richest source of vegetarian omega-3 fatty acids, our **100% Organic Flax Oil** naturally contains flaxseed particulate, which has compounds that support cardiovascular health.[†]

Our superior product is cold-pressed each day and comes fresh to you in our heat, light, and oxygen-protected bottles to ensure the best quality product. Our 100% organic flax is grown exclusively in North America.

Our Ultimate Organics® products do not contain conventional pesticides, synthetic fertilizers, growth hormones, genetic modification or antibiotics. We source only natural, organic raw materials that promote the use of renewable resources and conservation and are reviewed by USDA-approved organic certifiers.

+ **Unrefined** +

+ **Unfiltered** +

+ **Unbleached** +

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0056

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**Cold Pressed, Hexane Free
Ultimate Organics®**

100% ORGANIC FLAX OIL

Promotes Cardiovascular Health[†]

Dietary Supplement



NET WT. 16 FL. OZ.



This product is certified organic by Quality Assurance International (QAI).

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container 31

Amount Per Serving	% Daily Value*	
Calories 110		
Calories from Fat 110		
Total Fat	11 g	19%
Saturated Fat	1 g	5%
Trans Fat	0 g	
Dietary Fiber	1 g	4%
Polyunsaturated Fat	8 g	**
Omega-3	6200 mg	**
Omega-6	1810 mg	**
Monounsaturated Fat	2 g	**
Omega-9	2040 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

INGREDIENTS: 100% organic flaxseed oil and organic flaxseed particulate.

SUGGESTED USE: Take one tablespoon up to two times daily. Use on salads, hot cereals, or mix into blended beverages or yogurt.

Shake vigorously for 30 seconds to evenly distribute the flax particulates, as natural settling may occur. Best if kept refrigerated.

From 100% organic flaxseeds grown in the U.S. and/or Canada.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.



KEEP OUT OF REACH OF CHILDREN. VL 403-16L