

Directions: As a vitamin supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Place under tongue for 30 seconds before swallowing. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature. No added Yeast, Preservatives, Artificial Flavors or Colors.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**21ST
CENTURY.**



QUICK DISSOLVE

B-Complex



Energy Support*

VITAMIN SUPPLEMENT

60 CHERRY FLAVOR TABLETS

gluten
free

B vitamins are interdependent upon each other and interrelated in function; they help convert food into energy and help maintain the nervous system and body tissues.* Quick dissolve B Complex is a great tasting way to deliver your B vitamins.

ACTUAL SIZE

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
501204-0418N



**21ST
CENTURY.**



B Complex

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin B-6 (as Pyridoxine HCl)	5 mg	290%
Folate	667 mcg DFE (400 mcg Folic Acid)	170%
Vitamin B-12 (as Cyanocobalamin)	1,000 mcg	41,670%
Biotin	30 mcg	100%

Other Ingredients: Sucrose, Polyplasdone. **Contains <2% of:** Dicalcium Phosphate, Magnesium Stearate, Natural Cherry Flavor, Silicon Dioxide, Stearic Acid, Sucralose.

501204-0418N

