

Directions: As a dietary supplement, adults take one (1) tablet 30 minutes before bedtime or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

CAUTION: Do not take if you are operating machinery or a vehicle. Not intended for those under the age of 18.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature. No added Sugar, Yeast, Preservatives, Artificial Flavors or Colors. **Gluten Free.**

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

21ST
CENTURY.



Melatonin

5 mg



Relaxation &
Sleep Support*

DIETARY SUPPLEMENT

100 TABLETS

gluten
free

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
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Calcium (as Calcium Carbonate)	94 mg 8%
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Melatonin	5 mg **
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**Daily Value not established.

Other Ingredients: Cellulose, Croscarmellose Sodium, Maltodextrin, Stearic Acid. **Contains <2% of:** Magnesium Stearate, Silicon Dioxide.

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
500847-0617N



21ST
CENTURY.



Melatonin 5 mg



Melatonin works in harmony with your natural sleep cycle to promote relaxation and sleep so you can wake up refreshed and revitalized.*

500847-0617N

ACTUAL
SIZE

