RECOMMENDATION: Mix one scoop (5 grams) in 4 fl. oz. of water or juice, once

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place.

This bottle was sealed for your protection. Do not use if inner seal is missing of damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Product of U.S.A.





## EVERYBODY'S FIBER

• Delivers Mucilaginous Ingredients Enhanced with a Prebiotic to aid the Intestinal Tract\*

Dietary Supplement

Net Wt. 4.7 oz (133 g)

Spanish Fork, Utah 84660 1-800-223-8225 www.naturessunshine.com

## SUPPLEMENT FACTS

Serving Size 5g (1 scoop) Servings Per Container 26

Apple Fruit Pectin

Amount Per 5g Serving		%Daily Value	
Calories	15		
Total Carbohydrate	4g	1%**	
Dietary Fiber	2g	7%**	
Proprietary Blend	4.3g	†	

	Slippery Elm Inner Bark (
	Fructooligosaccharides
١	Chamomile Flowers (Mat

Chamomile Flowers (Matricaria recutita)

Flax Seed (Linum usitatissimum)

Fennel Seed (Foeniculum vulgare)

Malic Acid

Marshmallow Root (Althaea officinalis)

Peppermint Leaf (Mentha x piperita)

Stevia Leaf Extract (Stevia rebaudiana)

Asparagus Stem (Asparagus officinalis)

Cat's Claw Inner Bark (Uncaria tomentosa)

\*\*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Natural peach, apricot, and plum