

Swanson

U L T R A[®]

The Most Advanced Nutrition Technology

POWDER

Grass-Fed, Certified rBGH-Free

Whey Protein Powder

Dietary Supplement
Strawberry

Net Wt 14.8 oz (420 g)



Supplement Facts

Serving Size 1 Scoop (28 g)

Servings Per Container 15

Amount Per Serving	% Daily Value
Calories	100
Total Fat	1.5 g 3%†
Saturated Fat	1 g 5%†
Trans Fat	0 g
Cholesterol	50 mg 17%†
Total Carbohydrate	6.5 g 2%†
Total Sugars	1.5 g
Protein	17 g
Vitamin A	135 mcg RAE 15%
(as palmitate and beta-carotene)	
Vitamin C (as ascorbic acid)	8 mg 7%
Vitamin D (as cholecalciferol)	1 mcg 5%

Other Ingredients: Natural Flavors (contains soy), xylitol, xanthan gum, gum arabic, fruit and vegetable juice (color), monk fruit concentrate, Flavor Sweet[®] (a natural flavor) (fructose, inulin, natural flavors), sunflower lecithin.

Amount Per Serving	% Daily Value
Vitamin E	2 mg 10%
(as d-alpha-tocopheryl acetate)	
Thiamin (vitamin B-1)	0.15 mg 10%
(as thiamin HCl)	
Riboflavin (vitamin B-2)	0.17 mg 10%
Niacin (as niacinamide)	2 mg NE 10%
Vitamin B-6 (as pyridoxine HCl)	0.2 mg 10%
Folate	68 mcg DFE 17%
(40 mcg folic acid)	
Vitamin B-12 (as cyanocobalamin)	0.6 mcg 25%
Biotin	20 mcg 100%
Pantothenic Acid	1 mg 20%
(as calcium pantothenate)	
Calcium**	140 mg 11%

Amount Per Serving	% Daily Value
Iron**	0.2 mg 1%
Phosphorus**	110 mg 9%
Magnesium**	15 mg 4%
Sodium**	65 mg 3%
Potassium**	100 mg 2%
Whey Protein Concentrate	22 g
80% (milk) (from hormone-free, grass-fed cows)	
Aminogen [®] Patented Plant Enzyme	80 mg

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

**Typical analysis. Nutrients are naturally occurring.

Contains milk and soy.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

Aminogen[®] is a registered trademark of Tilarco Industries, Inc.



SUGGESTED USE: As a dietary supplement, mix one scoop (28 g) with at least 6 to 8 oz of cold water or your favorite beverage. Scoop included.

Filled by weight. Some settling may occur.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

- DO NOT USE IF SEAL IS BROKEN.
- KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE.

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