5-HTP 50 mg

The amino acid L-5-Hydroxytryptophan. Our 5-HTP is derived from a plant source, and is carefully tested to ensure its purity.

Suggested Use

As a dietary supplement, 1 capsule one to three times daily, or as directed by a healthcare practitioner.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Caution: Not indicated for pregnant or nursing women. Concurrent use with SSRI medications or MAO inhibitors should only be done under the guidance of a healthcare professional.

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AllergyResearchGroup®

5-HTP 50 mg

L-5-Hydroxytryptophan



dietary supplement

HYPOALLERGENIC

150 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	150

Amount Per Serving		% Daily Value
L-5-Hydroxytryptophan	50 mg	†

† Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Formulated exclusively for Allergy Research Group®
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Rev. 011