

Swanson

U L T R A[®]

The Most Advanced Nutrition Technology

POWDER

Grass-Fed, Certified rBGH-Free

Whey Protein Powder

Dietary Supplement
Chocolate

Net Wt 14.8 oz (420 g)



Supplement Facts

Serving Size 1 Scoop (28 g)
Servings Per Container 15

Amount Per Serving	% Daily Value
Calories	100
Total Fat	1.5 g 2%†
Saturated Fat	1 g 5%†
Trans Fat	0 g
Cholesterol	90 mg 30%†
Total Carbohydrate	6.5 g 2%†
Dietary Fiber	0.5 g 2%†
Total Sugars	1.5 g
Protein	17 g
Vitamin A	135 mcg RAE 15%
(as palmitate and beta-carotene)	
Vitamin C (as ascorbic acid)	5 mg 7%
Vitamin D (as cholecalciferol)	1 mcg 5%

Other Ingredients: Xylitol, natural flavors, xanthan gum, Dutched cocoa, Flavor Sweet[®] (a natural flavor) (fructose, inulin, natural flavors), monk fruit concentrate (Siraitia grosvenorii) (fruit), sunflower lecithin.

Amount Per Serving	% Daily Value
Vitamin E	2 mg 10%
(as d-alpha-tocopheryl acetate)	
Thiamin (vitamin B-1)	0.15 mg 10%
(as thiamin HCl)	
Riboflavin (vitamin B-2)	0.17 mg 10%
Niacin (as niacinamide)	2 mg NE 10%
Vitamin B-6 (as pyridoxine HCl)	0.2 mg 10%
Folate	68 mcg DFE 17%
(40 mcg folic acid)	
Vitamin B-12 (as cyanocobalamin)	0.6 mcg 25%
Biotin	30 mcg 100%
Pantothenic Acid	1 mg 20%
(as calcium pantothenate)	
Calcium**	120 mg 9%

Amount Per Serving	% Daily Value
Iron**	0.8 mg 4%
Phosphorus**	100 mg 8%
Magnesium**	25 mg 6%
Sodium**	55 mg 2%
Potassium**	210 mg 4%
Whey Protein Concentrate	22 g
80% (milk) (from hormone-free, grass-fed cows)	
Aminogen [®] Patented Plant Enzyme	90 mg

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.
**Typical analysis. Nutrients are naturally occurring.

Contains milk.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Piquette, MI 48684 USA
TO REORDER, CALL TOLL FREE 1-800-431-4148
or visit our website at www.swansonvitamins.com

Aminogen[®] is a registered
trademark of Tilarco
Industries, Inc.



SUGGESTED USE: As a dietary supplement, mix one scoop (28 g) with at least 6 to 8 oz of cold water or your favorite beverage. Scoop included.

Filled by weight. Some settling may occur.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

- DO NOT USE IF SEAL IS BROKEN.
- KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE.

SWU475

