

SUGGESTED USE: Take one tablet daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Vitamin C is considered a "staple" in any supplement routine. Its powerful antioxidant properties, ability to promote healthy skin, and support of the immune system, help maintain overall health.*

The buffering action of calcium ascorbate in our **Buffered C** lowers acidity offering better tolerance for those sensitive to gastric irritation. It also incorporates an advanced manufacturing technique which allows nutrients to be released slowly (over approximately 2-4 hours) promoting optimal assimilation.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0008

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Prolonged Release

BUFFERED C **1,000 mg**

Plus Minerals

Gently Provides Antioxidant Support†

Dietary Supplement

50 VEGETARIAN TABLETS



Supplement Facts

Serving Size 1 Tablet Servings Per Container 50

Amount Per Serving	%Daily Value
Vitamin C (as ascorbic acid, calcium ascorbate)	1,000 mg 1667%
Calcium (as calcium ascorbate)	40 mg 4%
Magnesium (as magnesium hydroxide, aspartate)	40 mg 10%
Zinc (from zinc oxide)	2 mg 13%
Manganese (as manganous carbonate)	0.1 mg 5%
Potassium (as potassium citrate, aspartate)	30 mg +1%
Bioflavonoid Complex (from lemon)	50 mg -

*Daily Value not established.

Other ingredients: Cellulose, stearic acid (vegetable source), silica, calcium stearate (vegetable source), glycerin.

KEEP OUT OF REACH OF CHILDREN. VL 300X



5

7