

For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. *We guarantee it.*



No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **7908**  
**www.vitaminworld.com**  
**1-800-228-4533**

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# MELATONIN

SLEEP AID\*



**3MG**

**480**

**TABLETS**

VEGETARIAN DIETARY SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) to three (3) tablets only at bedtime as Melatonin may produce drowsiness.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Melatonin (as n-Acetyl-5-Methoxytryptamine)	3 mg **

\*\*Daily Value not established.

**Other Ingredients:** Dicalcium Phosphate, Vegetable Cellulose. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

Melatonin works in harmony with your natural sleep cycle to give you the tranquil rest you deserve, so you can awaken feeling refreshed.\* Inspired by the natural rhythm of life, Melatonin is an ideal choice for people experiencing occasional sleeplessness, those with jet lag, or those seeking to improve their quality of rest.\*