

# Swanson

U L T R A<sup>®</sup>

The Most Advanced Nutrition Technology

SOFTGELS

Carni  
**Q-Gel<sup>®</sup>**  
Forté

Dietary Supplement

90 SOFTGELS



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.  
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

**SUGGESTED USE:** As a dietary supplement, take one softgel one to two times per day with food and water or as recommended by your healthcare provider. If you are pregnant or nursing, seek the advice of your physician before using this product.

## Supplement Facts

Serving Size 1 Softgel

| Amount Per Serving                                                                       | % Daily Value |
|------------------------------------------------------------------------------------------|---------------|
| Vitamin C (as ascorbyl palmitate)                                                        | 12 mg 13%     |
| Vitamin E (d-alpha tocopheryl acetate)                                                   | 50 mg 335%    |
| L-Carnitine (from L-carnitine fumarate)                                                  | 250 mg *      |
| Q-Gel <sup>®</sup> Coenzyme Q10 (Hydrosoluble <sup>™</sup> )                             | 30 mg *       |
| (in a proprietary Bio-Solv <sup>®</sup> base specially formulated to enhance absorption) |               |

\*Daily Value not established.

Other ingredients: Proprietary Bio-Solv<sup>®</sup> base [medium-chain triglycerides (palm), polysorbate 80, triacetin, hydroxylated soy lecithin], gelatin, glycerin, sorbitol, purified water, soybean oil, carob liquid (contains caramel), titanium dioxide, yellow beeswax, annatto seed extract.

Contains soy.

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TO REORDER, CALL TOLL FREE 1-800-437-4148  
or visit our website at [www.swansonvitamins.com](http://www.swansonvitamins.com)

Q-Gel<sup>®</sup> and Bio-Solv<sup>®</sup> are registered trademarks of Tishcon Corp., U.S. patent #6,056,971.  
Hydrosoluble<sup>™</sup> is a trademark of Tishcon Corp. Manufactured by the Bio-Solv<sup>®</sup> process, U.S. patent #6,056,971 under worldwide agreement with Biosytes, USA Inc.



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