

Actual size  
of tablet

ShopRite®

Compare to Centrum® Silver® Men's 50+†

**WARNING:** This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

# Complete For **MEN** 50+

Balanced Nutrient Support  
Formulated For Men's Health\*

**DIETARY SUPPLEMENT**

PROMOTES BONE & HEART HEALTH\*

**100 COATED TABLETS**

0 41190 22477 7

Prod No. 29517 B29517 01A USN

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving                                         | %Daily Value   |
|------------------------------------------------------------|----------------|
| Vitamin A<br>(as Retinyl Acetate and 29% as Beta-Carotene) | 3,500 IU 70%   |
| Vitamin C (as Ascorbic Acid)                               | 120 mg 200%    |
| Vitamin D (as D3 Cholecalciferol)                          | 600 IU 150%    |
| Vitamin E (as dl-Alpha Tocopheryl Acetate)                 | 60 IU 200%     |
| Vitamin K (as Phytonadione)                                | 60 mcg 75%     |
| Thiamin (Vitamin B-1) (as Thiamin Mononitrate)             | 1.5 mg 100%    |
| Riboflavin (Vitamin B-2)                                   | 1.7 mg 100%    |
| Niacin (as Niacinamide)                                    | 20 mg 100%     |
| Vitamin B-6 (as Pyridoxine Hydrochloride)                  | 6 mg 300%      |
| Folic Acid                                                 | 300 mcg 75%    |
| Vitamin B-12 (as Cyanocobalamin)                           | 100 mcg 1,667% |
| Biotin (as d-Biotin)                                       | 30 mcg 10%     |
| Pantothenic Acid (as d-Calcium Pantothenate)               | 10 mg 100%     |
| Calcium<br>(as Calcium Carbonate and Dicalcium Phosphate)  | 250 mg 25%     |

**OTHER INGREDIENTS:** CELLULOSE (PLANT ORIGIN), CROSCARMELOSE, CONTAINS LESS THAN 2% OF: CARAMEL COLOR, CELLULOSE COATING, MANNITOL, TITANIUM DIOXIDE COLOR, VEGETABLE MAGNESIUM STEARATE, VEGETABLE STEARIC ACID.

Contains: Fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder).

Trans Fat 0g

**FREE OF:** yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor.

Keep out of reach of children. Store at room temperature 15°-30° C (59°-86° F), tightly closed. Safety Sealed. Do Not Use If Seal Under Cap Is Cut, Torn or Missing.

| Amount Per Serving                         | %Daily Value |
|--------------------------------------------|--------------|
| Phosphorus (as Dicalcium Phosphate)        | 20 mg 2%     |
| Iodine (as Potassium Iodide)               | 150 mcg 100% |
| Magnesium (as Magnesium Oxide)             | 50 mg 13%    |
| Zinc (as Zinc Oxide)                       | 15 mg 100%   |
| Selenium (as Sodium Selenate)              | 100 mcg 143% |
| Copper (as Cupric Sulfate)                 | 0.7 mg 35%   |
| Manganese (as Manganese Sulfate)           | 4 mg 200%    |
| Chromium (as Chromium Picolinate)          | 60 mcg 50%   |
| Molybdenum (as Sodium Molybdate)           | 50 mcg 67%   |
| Chloride (as Potassium Chloride)           | 72 mg 2%     |
| Potassium (as Potassium Chloride)          | 80 mg 2%     |
| Boron<br>(as Boric Acid and Sodium Borate) | 150 mcg **   |
| Nickel (as Nickel Sulfate)                 | 5 mcg **     |
| Silica (as Silicon Dioxide)                | 2 mg **      |
| Vanadium (as Sodium Metavanadate)          | 10 mcg **    |
| Lutein                                     | 300 mcg **   |
| Lycopene                                   | 600 mcg **   |

\*\*Daily Value not established.

**DIRECTIONS:** For adult men, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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