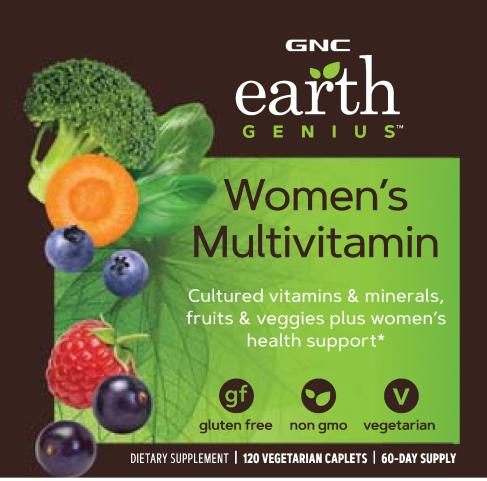
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test, This product contains EGCGs from green tea. Niacin may cause a temporary flushing reaction.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose. call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat. cure, or prevent any disease.



CODE 218722

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets/Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A1	500 mcg167%
Vitamin C	100 mg111%
Vitamin D25 mcg (1000 IU)125%
Vitamin E	
Vitamin K	. 80 mcg 67%
Thiamin (Vitamin B-1)	5 mg417%
Riboflavin (Vitamin B-2)	
Niacin	25 mg156%
Vitamin B-6	25 mg 14/1%
Folate 667 mcg DFE (400 mcg Fo	
Vitamin B-12	150 mcg 6250%
Biotin	
Pantothenic Acid Calcium	
Iron	
lodine	
Magnesium	
Zinc	
Selenium	
Copper	
Manganese	
Molybdenum	

Amount Per Serving	% Daily Value
Fruit & Vegetable Antioxidant Blend50 mg*	

Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregano Leaf Powder, Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder. Spinach Leaf Powder, Kale Leaf Concentrate, Bilberry Fruit Extract, Brussels Sprout Powder (from Marigold Flowers Extract)(Tagetes erecta) Women's Health & Beauty Blend17 mg*

Cranberry Fruit Powder (Vaccinium macrocarpon) Horse Chestnut Seed Extract (Aesculus hippocastanum) Lutein (from Marigold Flowers Extract)(Tagetes erecta) Digestive Health & Comfort Blend 20 mg* Ginger Root Extract (Zingiber officinale) (5% Gingerols = 0.5 mg), Cellulase, Bromelain, Papain

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Iron HPC†, Cultured Niacinamideţ, Cultured Ascorbic Acidţ, Croscarmellose Sodium, Calcium Ascorbate, Hydroxypropyl Methylcellulose, Cultured Zinc Oxidet, Calcium Carbonate, Hydroxypropylcellulose, Cultured Calcium d-Pantothenatet, d-alpha Tocopherol, Magnesium Oxide, Dicalcium Phosphate, Stearic Acid Vegetable Source, Pyridoxine Hydrochloride, Calcium d-Pantothenate, Cultured Copper Sulfate‡, Cultured Manganese Sulfate‡, Silicon Dioxide, Magnesium Stearate Vegetable Source, Ergocalciferol, Zinc Oxide, Cultured Riboflavint, Cultured Pyridoxine Hydrochloridet, Cultured Vitamin A Palmitatet, Niacinamide, Cultured Thiamin Hydrochloridet, Thiamin Hydrochloride, Spirulina Extract (Color), Vegetable Acetoglycerides, Cultured Phytonadionet, Magnesium HPC1, Cultured Folic Acid1, Riboflavin, beta-Carotene, Potassium Iodide, Polyethylene Glycol, Riboflavin (Color), Cultured Biotin1, Cultured Sodium Selenate1, Cupric Sulfate, Medium Chain Triglycerides, Cultured Sodium Molybdatet, Polysorbate 80, Molybdenum HPC†, Ethylcellulose, Cultured Cyanocobalamint, Folic Acid, Biotin, Methylcobalamin, Triacetin, Selenium Yeast, Phytonadione, Diacetylated Monoglycerides, Oleic Acid. † HPC (Hydrolyzed Protein Chelate). ‡ Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic and Maltodextrin).