

SUGGESTED DOSAGE:

2-3 capsules 2-4 times daily between meals. For early onset of normal aches and pains, use the higher dosage and frequency within the first 24-48 hours. Reduce the dosage and frequency as the condition improves.

CAUTION:

If taken during menstruation, may increase the blood flow.* Do not take during pregnancy or nursing. At higher doses, do not take this formula longer than 2 weeks at a time. Stop for 1 week before resuming another 2 week course.

Willow bark contains chemicals similar to aspirin. Taking willow bark along with aspirin might increase the effects and side effects of aspirin

Store in a cool, dry place, do not refrigerate.

This product is manufactured in an FDA compliant facility

Manufactured for:
Pacific BioLogic Co.
Concord, CA 94521
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Pacific BioLogic



Upper Relief

Herbal Supplement

Powerful Tools for Gentle Healing

525 mg / 90 Vegetarian Capsules

**Supplement Facts**

Serving size: 3 capsules

Servings per container: 30

Amount per capsule 525 mg	% DV
Proprietary Blend	
White willow bark.....	*
Corydalis yanhusuo root.....	Yan Hu Suo.....*
Persica seed.....	Tao Ren.....*
Safflower.....	Hong Hua.....*
Frankincense (Boswellia).....	Ru Xiang.....*
Sappanwood.....	Su Mu.....*
Dong quai root tail.....	Dang Gui Wei.....*
Kudzu root.....	Ge Gen.....*
Tumeric root.....	Jiang Huang.....*
White peony root.....	Bai Shao.....*
Cinnamon twig.....	Gui Zhi.....*
Licorice root.....	Gan Cao.....*

*Daily value not established

Other ingredients: capsules of plant origin (Cellulose)

The above information has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot: 203549 4129 Mfg. Date: 6/18

