

TWINLAB®

CALCIUM CITRATE

CHEWABLE WAFERS

With Magnesium & Vitamin D₃
DIETARY SUPPLEMENT

60 WAFERS

New!
• 2X more
Vitamin D
• 40% smaller
wafers



Supplement Facts

Serving Size Adults: 4 Wafers

Serving Size for Children under 4: 2 Wafers

Servings Per Container 15

Amount Per Serving	% DV	Children under 4	% DV
Calories	20	10	
Carbohydrates	5 g 1%**	3 g <1%**	
Sugars	4 g †	2 g †	
Vitamin D (as cholecalciferol)	800 IU 200%	400 IU 100%	
Calcium (as calcium citrate tetrahydrate)	1000 mg 100%	500 mg 63%	
Magnesium (as magnesium oxide, magnesium aspartate hydrochloride)	500 mg 125%	250 mg 125%	

**Percent Daily Value is based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Sucrose, mannitol, natural flavor, stearic acid, cranberry fruit, citric acid, malic acid, maltodextrin.

Directions: For adults and children ages four and older, take four wafers daily, preferably with a meal. For post-menopausal women, take six wafers daily, and for children under four years of age, take two wafers daily.

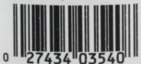
Twinlab® Calcium Citrate Chewable Wafers provide an easily absorbed and digested form of calcium that is excellent for people with lower levels of stomach acid, individuals with greater calcium needs, or those who have difficulty swallowing and digesting large calcium tablets. We've provided 800 IU of Vitamin D₃ (per adult serving) to support optimal calcium absorption.* Adequate calcium and Vitamin D₃ as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.

Each chewable wafer is lightly sweetened with sucrose. Contains no added corn, soy, yeast, wheat, milk or egg products. No salt, artificial colors, flavors or preservatives used. LOT214521028

Keep out of reach of children.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Best if used by date shown on bottle.



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