Directions: Take 1 capsule per serving, Although one pill will be strong enough for most customers, others may need more than one pill for the desired result. We ask that you first get your doctor's permission before taking more than 1 pill. If you feel the product is too strong, weak, or any other reason immediately entering the product is resolve this issue. It is common for some customers to need up to three weeks of regular use to attain the effects they want.

Warnings: We do not recommend drinking alcohol or taking sedatives with this product as it may cause drowsiness when combined. Do not use if pregnant or nursing. Consult a healthcare professional prior to consumption for any ore-existing conditions or medications.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



DIETARY SUPPLEMENT



RELAXATION SUPPORT

AN PILLS

Addrena LLC • 220 Kings HWY 3-L Suite 159 Port Charlotte, Florida 33980

Supplement Facts

Serving Size: 1 Tablet

Amount P	er Serving	%DV t
Vitamin B3 (as Niacin) 1.5mg	1.5mg	9.4%
Magnesium (as Magnesium Glycinate)	50mg	11.9%
Chromium Amino Acid Chelate	100mcg	286%
Selenium	100mcg	182%
Lemon Balm	350mg**	†
L-Theanine	150mg**	
Apigenin	50mg**	+
5-HTP	25mg**	+
Lithium (as Lithium Oratate)	2.5mg**	Ť

^{† *}Daily Value Not Established

Other Ingredients: Vegetable Cellulose (Hypromellose), Organic Brown Rice Flour, Magnesium Stearate

> Addrena LLC • Rue Roger Salengro 28 Seraing, Belgium 4100