

Directions: Take four capsules daily or as directed by your healthcare practitioner.

PureMulti for Women is a comprehensive multiple vitamin, mineral and herbal supplement, with select amino acids, designed specifically for the unique nutritional requirements of women.

This foundation multiple formula, in easy-to-swallow vegetable capsules, delivers select nutrients to support the bones, thyroid, and adrenals along with broad-spectrum antioxidant protection.* It also features patented Albion TRAACS® amino acid chelates for optimal mineral absorption.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Free of: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and those who may become pregnant should not exceed 5,000 IU of pre-formed vitamin A (retinyl palmitate or retinyl acetate) per day. It is also recommended that children under four should not regularly consume more than 2,500 IU per day. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.

To report a serious adverse event, call: 866.787.5175.

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Live life pure.™

**PURE
FORMULAS™**

PureMulti for Women

Nutritional Support for Women*

**120 VEGETABLE CAPSULES
DIETARY SUPPLEMENT**

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount	%DV†	Amount	%DV†
Vitamin A (75% (7,500 IU) natural mixed carotenoids, 25% (2,500 IU) retinyl palmitate)	10,000 IU	200%	Selenium (as selenium chelate)	100 mcg 143%
Vitamin C (as magnesium ascorbate, zinc ascorbate, potassium ascorbate, calcium ascorbate)	250 mg	417%	Manganese (TRAACS® manganese glycinate chelate)	500 mcg 25%
Vitamin D-3 (as cholecalciferol)	400 IU	100%	Chromium (TRAACS® chromium nicotinate glycinate chelate)	500 mcg 417%
Vitamin E (as d-alpha tocopherol succinate)	100 IU	333%	Molybdenum (TRAACS® molybdenum glycinate chelate)	50 mcg 67%
Thiamin (as thiamin mononitrate)	20 mg	1,333%	Potassium (as potassium citrate, potassium ascorbate)	99 mg 3%
Riboflavin (as riboflavin-5'-phosphate, riboflavin)	20 mg	1,176%	MCHC (Microcrystalline Hydroxyapatite Concentrate)	130 mg **
Niacin (as niacin and niacinamide)	60 mg	300%	Choline (as choline bitartrate)	60 mg **
Vitamin B-6 (as pyridoxal-5'-phosphate)	20 mg	1,000%	Inositol	60 mg **
Folate (as folic acid)	800 mcg	200%	N-Acetyl L-Carnitine HCl	50 mg **
Vitamin B-12 (as methylcobalamin)	600 mcg	10,000%	N-Acetyl Cysteine (NAC)	50 mg **
Biotin	1,000 mcg	333%	L-Taurine	30 mg **
Pantothenic Acid (as d-calcium pantothenate)	200 mg	2,000%	Panax ginseng Root	25 mg **
Calcium (TRAACS® calcium glycinate chelate, DimaCal® di-calcium malate, MCHC, calcium ascorbate)	100 mg	10%	Red Clover Flower	25 mg **
Iron (Ferrochel® ferrous bisglycinate chelate)	5 mg	28%	Cranberry Fruit	25 mg **
Phosphorus (as pyridoxal-5'-phosphate, riboflavin-5'-phosphate)	4 mg	<1%	Pan Amino Benzoic Acid (PABA)	20 mg **
Iodine (as potassium iodide)	150 mcg	100%	L-Lysine HCl	20 mg **
Magnesium (TRAACS® magnesium glycinate chelate buffered, magnesium ascorbate, di-magnesium malate)	200 mg	50%	Rutin	16 mg **
Zinc (TRAACS® zinc glycinate chelate, zinc ascorbate)	15 mg	100%	Chamomile Flower	15 mg **
			Chaste Berry 4:1 Extract	15 mg **
			Hesperidin	15 mg **
			Wild Yam Root (Dioscorea oppositifolia)	15 mg **
			Quercetin	12 mg **
			dl-Alpha Lipoic Acid	10 mg **
			Lutein	75 mcg **

† Percent Daily Values based on a 2,000 calorie diet. ** Daily Value not established.

Other Ingredients: HPMC (vegetable capsule), magnesium oxide (buffering agent), magnesium stearate (vegetable), silica.



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