

21ST
CENTURY®



Biotin

5000 mcg



Hair, Skin & Nail Support*

V I T A M I N S U P P L E M E N T

110 CAPSULES



Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value	
Biotin	5,000 mcg	16,670%
Calcium	113 mg	8%
(as Dicalcium Phosphate)		

Other Ingredients: Cellulose, Gelatin, Stearic Acid. **Contains <2% of:** Magnesium Silicate, Magnesium Stearate.

Proudly Manufactured by
21ST Century HealthCare, Inc.

2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
500856-0118N



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Biotin is part of the B-complex vitamin family. Biotin 5000 mcg offers additional biotin for those who want higher biotin levels. 500856-0118N

ACTUAL SIZE



Directions: As a vitamin supplement, adults take one (1) capsule daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast, Preservatives, Artificial Flavors or Colors.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.