

**Directions:** Take four capsules daily or as directed by your healthcare practitioner.

**PureMulti for Men** is a comprehensive multiple vitamin, mineral and herbal supplement with select amino acids, designed specifically for the unique nutritional requirements of men.\*

This foundation multiple formula, in easy-to-swallow vegetable capsules, delivers select nutrients to support the prostate, liver, and adrenals along with broad-spectrum antioxidant protection.\* It also features patented Albion TRAACS® amino acid chelates for optimal mineral absorption.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** Excess vitamin A intake may be toxic and may increase the risk of birth defects. It is also recommended that children under four should not regularly consume more than 2,500 IU per day. Keep out of reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

**This Formula Meets or Exceeds cGMP Quality Standards.**  
To report a serious adverse event, call: 866.787.5175.

 **Suitable for Vegetarians**

v12.1A-47537NM131



Distributed by: **PureFormulas** | 11800 NW 102nd Road, Suite 2  
Miami, FL 33178 | [www.pureformulas.com](http://www.pureformulas.com)

*Live life pure.™*

**PURE  
FORMULAS™**

# PureMulti for Men

Nutritional Support for Men\*  
Copper Free

**120 VEGETABLE CAPSULES**  
DIETARY SUPPLEMENT

## Supplement Facts

|                                                                                                          | Amount    | %DV†    |                                                             | Amount  | %DV† |
|----------------------------------------------------------------------------------------------------------|-----------|---------|-------------------------------------------------------------|---------|------|
| Vitamin A<br>(75% [7500 IU] natural mixed carotenoids,<br>25% [2500 IU] retinyl palmitate)               | 10,000 IU | 200%    | Selenium<br>(as selenium chelate)                           | 100 mcg | 142% |
| Vitamin C<br>(as magnesium ascorbate, zinc ascorbate, potassium<br>ascorbate, calcium ascorbate)         | 250 mg    | 417%    | Manganese<br>(TRAACS® manganese glycinate chelate)          | 500 mcg | 25%  |
| Vitamin D3 (as cholecalciferol)                                                                          | 400 IU    | 100%    | Chromium<br>(TRAACS® chromium nicotinate glycinate chelate) | 500 mcg | 417% |
| Vitamin E<br>(as d-alpha tocopherol succinate)                                                           | 100 IU    | 333%    | Molybdenum<br>(TRAACS® molybdenum glycinate chelate)        | 50 mcg  | 66%  |
| Thiamin (as thiamin mononitrate)                                                                         | 20 mg     | 1,333%  | Potassium<br>(as potassium citrate, potassium ascorbate)    | 99 mg   | 2%   |
| Riboflavin<br>(as riboflavin-5'-phosphate, riboflavin)                                                   | 20 mg     | 1,176%  | Pumpkin Seed Extract                                        | 50 mg   | **   |
| Niacin (as niacin and niacinamide)                                                                       | 60 mg     | 300%    | Saw Palmetto Berry Extract                                  | 50 mg   | **   |
| Vitamin B-6<br>(as pyridoxal-5'-phosphate)                                                               | 20 mg     | 1,000%  | N-Acetyl L-Carnitine HCl                                    | 50 mg   | **   |
| Folate (as folic acid)                                                                                   | 800 mcg   | 200%    | N-Acetyl Cysteine (NAC)                                     | 50 mg   | **   |
| Vitamin B-12 (as methylcobalamin)                                                                        | 600 mcg   | 10,000% | Choline (as choline bitartrate)                             | 40 mg   | **   |
| Biotin                                                                                                   | 1,000 mcg | 333%    | Inositol                                                    | 40 mg   | **   |
| Pantothenic Acid<br>(as d-calcium pantothenate)                                                          | 200 mg    | 2,000%  | Glycine                                                     | 30 mg   | **   |
| Calcium<br>(TRAACS® calcium glycinate chelate,<br>DimaCal® di-calcium malate, calcium ascorbate)         | 100 mg    | 10%     | L-Taurine                                                   | 30 mg   | **   |
| Phosphorus<br>(as pyridoxal-5'-phosphate and riboflavin-5'-phosphate)                                    | 4 mg      | <1%     | Tribulus Terrestris Fruit Extract                           | 30 mg   | **   |
| Iodine (as potassium iodide)                                                                             | 100 mcg   | 60%     | L-Glutamic Acid                                             | 25 mg   | **   |
| Magnesium<br>(TRAACS® magnesium glycinate chelate buffered,<br>magnesium ascorbate, di-magnesium malate) | 200 mg    | 50%     | L-Alanine                                                   | 25 mg   | **   |
| Zinc<br>(TRAACS® zinc glycinate chelate, zinc monothreonate)                                             | 15 mg     | 100%    | Panax ginseng Root                                          | 25 mg   | **   |
|                                                                                                          |           |         | L-Lysine HCl                                                | 20 mg   | **   |
|                                                                                                          |           |         | Purin Amino Benzoic Acid (PABA)                             | 20 mg   | **   |
|                                                                                                          |           |         | Rutin                                                       | 16 mg   | **   |
|                                                                                                          |           |         | Hesperidin                                                  | 16 mg   | **   |
|                                                                                                          |           |         | Quercetin                                                   | 12 mg   | **   |
|                                                                                                          |           |         | 9-Alpha Liponic Acid                                        | 10 mg   | **   |
|                                                                                                          |           |         | Lutein                                                      | 75 mcg  | **   |

† Percent Daily Values based on a 2,000 calorie diet.

\*\* Daily Value not established.

**Other Ingredients:** HPMC (vegetable capsule), magnesium oxide (buffering agent), magnesium stearate (vegetable), silica.

**Free of:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.



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