

Power C™ contains the Vitamin C metabolite, Threonic Acid, which has been shown to enhance cellular uptake of Vitamin C. This buffered, non-acidic Vitamin C supplement also contains Alpha Lipoic Acid, an antioxidant known to help regenerate Vitamin C in the body. Furthermore, studies suggest that Alpha Lipoic Acid may enhance the body's utilization of Vitamin C. The addition of Bioflavonoids as a synergist helps to create a well-absorbed, highly effective Vitamin C supplement. Vitamin C is best known as a highly effective antioxidant that can protect the body's cells and molecules from damage by free radicals.#

California Academy of Health - CAOH

Phone: 800-643-7188

Web: www.caoh.com

Made in USA



Power C™

Vitamin C Complex with Metabolites



90 - 500 mg Capsules
Made in the U.S.A.



Suggested Use: 1 capsule daily - best taken with food or as directed. 90 day supply.

Supplement Facts#

Serving Size:	1 Capsule	Servings
Per Bottle:	90	
	Amount Per Serving	% Daily Value
Vitamin C	500 mg	>833
<small>(from Threonic Acid Enhanced Buffered Calcium Ascorbate)</small>		
Calcium <small>(from Calcium Ascorbate)</small>	57 mg	6
Citrus Bioflavonoids <small>(37% total as hesperidin)</small>	100 mg	**
Alpha Lipoic Acid	50 mg	**
Acerola Powder	75 mg	**
Rose Hips Powder <small>(Rosa canina) (seed)</small>	25 mg	**
Rutin	25 mg	**

Other Ingredients: Cellulose (capsule), Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

Vegetarian/Vegan Product. Free of: sugar, salt, starch, yeast, wheat, gluten, milk, egg, soy, and shellfish.

** Percent Daily Value Not Established.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Safety: Do not use if safety seal is missing or damaged. Keep