CURB FOOD CRAVINGS

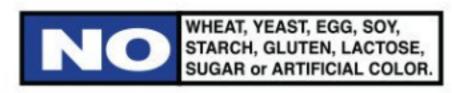
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SUGGESTED USAGE:

Take 2 capsules 15 minutes prior to a meal with plenty of water. At least one 10 ounce glass of water is recommended, but more is better.

Before beginning any program for weight loss, consult your health care practitioner. Not to be used by women who are pregnant or nursing.



* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





APPETITE SUPPRESSANT

Be satisfied with smaller meals

• Feel full faster

60 CAPSULESDietary Supplement

Supplement Facts

Serving Size: 2 Capsules Serving Per Container: 30

Amount Per Serving

% Daily Value

Glucomannan (as Luralean ™TS*) 1000mg †

Fiber <1g 4%

† Daily Value not established.

Other Ingredients:

Gelatin Capsule, Rice Flour, Magnesium Stearate.

* Luralean ™ TS is a trademark of AHD International LLC

Manufactured Exclusively For: Absolute Nutrition 1350 Blue Hills Avenue • Bloomfield, CT 06002

Customer Service:

Toll Free 1-866-243-3535 www.ahenutrition.com

