

**FDC**<sup>®</sup>

one daily  
**multiple  
vitamin**

+ beta carotene  
*multivitamina diaria*  
+ beta caroteno  
multivitamin supplement  
*suplemento multivitamínico*

**100 tablets • tabletas**

Manufactured by: FDC Vitamins, LLC © 2008  
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## Supplement Facts

Serving Size: 1 Tablet

Serving per Container: 100

| Amount Per Tablet                                | % Daily Value |
|--------------------------------------------------|---------------|
| Vitamin A (as vitamin A acetate & beta carotene) | 5,000 IU 100% |
| Vitamin C (as ascorbic acid)                     | 60 mg 100%    |
| Vitamin D (as ergocalciferol)                    | 400 IU 100%   |
| Vitamin E (as dl-alpha tocopheryl acetate)       | 30 IU 100%    |
| Thiamin (Vitamin B1) (as thiamine mononitrate)   | 1.5 mg 100%   |
| Riboflavin (vitamin B2)                          | 1.7 mg 100%   |
| Niacin (as niacinamide)                          | 20 mg 100%    |
| Vitamin B6 (as pyridoxine HCl)                   | 2 mg 100%     |
| Folate (as folic acid)                           | 400 mcg 100%  |
| Vitamin B12 (as cyanocobalamin)                  | 6 mcg 100%    |
| Panthothenic Acid (d-calcium panthothenate)      | 10 mg 100%    |
| PABA (para-amino benzoic acid)                   | 1 mg *        |

\* Daily Value not established.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, magnesium stearate, stearic acid, croscarmellose sodium, silicon dioxide, hydroxypropyl methylcellulose, triacetin, FD&C red #40 lake, FD&C yellow #6 lake and titanium dioxide.