

Unit Dose Pack 30 Softgel Capsules





U.S. PATENTED

INDICATIONS AND USAGE: Vitafol®-One is indicated to provide vitamin. mineral, and omega-3 fatty acid supplementation prior to conception, throughout pregnancy, and during the postnatal period for the lactating and non-lactating mother, including individuals with known allergies to fish. Vitafol®-One does not contain fish, fish oils, fish proteins or fish byproducts.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a Poison Control Center immediately.

DOSAGE AND ADMINISTRATION: Before, during and after pregnancy,

one softgel capsule daily, or as directed by a physician.

HOW SUPPLED: Vitafol®-One is available as a dark blue, oval shaped softgel capsule imprinted "EV 0070". Available in Box of Unit-Dose pack of 30 (5 child resistant blister cards of 6 softgel capsules ), 0642-0070-30 and as professional samples 0642-0070-03.

Store at room temperature, approximately 15°-30°C (59°-86°F), avoid excessive heat. Rx

See package insert for full prescribing information

Distributed by: Exeltis USA, Inc., Florham Park, NJ 07932 1-877-324-9349 www.exeltisUSA.com ©2015 Exeltis USA, Inc.

U.S. Patent No. 8,183,227 Vitafol® is a trademark of Exeltis USA, Inc. life'sDHA is a trademark of DSM. U.S. Patent No. 7,163,811 and 7,824,892

(Rev. 10/15)

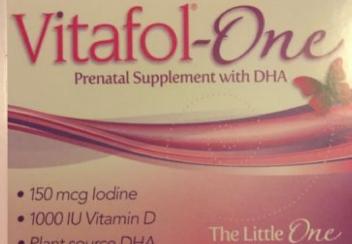
## **Supplement Facts**

Serving Size 1 Softgel Capsule

Each Softgel Capsule contains			% Daily Value in Pregnancy
Vitamin A (as beta carotene)	1100	IU	14%
Vitamin C (as ascorbic acid)	30	mg	50%
Vitamin D3 (as cholecalciferol)	1000	IU	250%
Vitamin E (as dl-alpha tocopheryl acetate)	20	IU	67%
Thiamine mononitrate (Vitamin B1)	1.6	mg	94%
Riboflavin (Vitamin B2)	1.8	mg	90%
Niacin (as niacinamide)	15	mg	75%
Vitamin B6 (as pyridoxine hydrochloride)	2.5	mg	100%
Folic acid	1	mg	125%
Vitamin B12 (as cyanocobalamin)	12	mcg	150%
Elemental Iron (as polysaccharide iron complex)	29	mg	161%
lodine (as potassium iodide)	150	mcg	100%
Magnesium (as magnesium oxide)	20	mg	4%
Zinc (as zinc oxide)	25	mg	167%
Copper (as copper oxide)	2	mg	100%
Algal oil blend (derived from crypthecodinium cohnil) (*providing 200 mg DHA (docosahexaenoic acid)		mg*	t

† Daily Value not established

Other Ingredients: Gelatin (bovine BSE-free), Sorbitol, Glycerin, Soybean Oil, USP Purified Water, Yellow Beeswax, Dicalcium Phosphate, Soy Lecithin, Vegetable Oil, FD&C Blue #1, Titanium Dioxide (color), Sodium Thiosulfate, Caramel (color), High Oleic Sunflower Oil, Tocopherols, Ascorbyl Palmitate. Contains: Soy.



- Plant source DHA
- 1 mg Folic Acid
- Gluten, Lactose and Sugar Free

Small, All-In-One, Once Daily Softgel Capsule

0350004030 10/2017