

ARBONNE.
essentials

WOMEN'S BALANCE

Menopause
Support

DIETARY SUPPLEMENT

60 Vegetarian Capsules
30-Day Supply

Supplement Facts

Serving Size 2 capsules Servings Per Container 30

	Amount per Serving	% Daily Value
Menopause Support Blend	450 mg	*
<i>Cuscuta chinensis</i> (seed) extract powder (10:1), <i>Xylaria nigripes</i> (mycelia) extract powder (5:1), Chinese Motherwort (<i>Leonurus artemisia</i>) (whole) extract powder (10:1), <i>Astragalus</i> (<i>Astragalus membranaceus</i>) (root) extract powder (50:1), <i>Notoginseng</i> (<i>Panax notoginseng</i>) (root) extract powder (50:1)		
Milk Thistle (<i>Silybum marianum</i>) (seed) extract powder (15:1)	140 mg	*
Dong Quai (<i>Angelica sinensis</i>) (root) extract powder (10:1)	100 mg	*
Red Clover (<i>Trifolium pratense</i>) (whole) extract powder (10:1)	100 mg	*
Goji Berry (<i>Lycium barbarum</i> L.) (fruit) extract powder (5:1)	50 mg	*
Black Cohosh (<i>Cimicifuga racemosa</i>) (root) extract powder (10:1)	40 mg	*

*Daily Value not established.

OTHER INGREDIENTS: Hydroxypropyl methylcellulose (vegetable capsule).

For Targeted Health

Get all the support you need during this life-changing time with a clinically proven blend of phytonutrients to help with symptoms associated with menopause. Women's Balance combines the benefits of targeted traditional Chinese botanicals with Western botanicals to help support balanced, happy, healthy days. **#1995; \$39** 

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



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KEY INGREDIENTS

Menopause Support Blend (*Cuscuta*, *Xylaria*, Chinese motherwort, *astragalus*, *Panax notoginseng*)

- In a clinical study, the combination of *astragalus* and *dong quai* helped support symptoms associated with menopause, such as hot flashes.*
- *Astragalus*, a traditional Chinese botanical, supports the reduction of night sweats associated with menopause.

Black Cohosh

- A botanical ingredient traditionally used to help relieve symptoms associated with menopause, such as hot flashes and night sweats.*

Dong Quai

- A traditional Chinese botanical used for thousands of years, *dong quai* is commonly used for managing symptoms associated with menopause, such as hot flashes.

CLINICAL RESULTS

Arbonne Essentials Women's Balance Formula was subjected to a double-blind, placebo controlled study (gold standard for clinical studies).

In 12 weeks

- The study showed significant difference between baseline and weeks 3, 8 and 12 in alleviating symptoms associated with menopause.

Based on a study of 103 female subjects, ages 45-60, with self-reported symptoms of menopause

BENEFITS

- Provides support in managing symptoms associated with menopause* including:
 - Hot flashes
 - Night sweats
 - Mood swings
 - Irritability
- Promotes calmness*
- Promotes balance*

Talking Points

- While Women's Balance helps to manage symptoms associated with menopause, we also recommend using Arbonne Essentials Sleep Well Spray to support a good night's rest.
- Unique herbal blend combines Eastern and Western herbal ingredients.
- Only two vegetarian capsules per day can help promote calmness and balance.*

FREQUENTLY ASKED QUESTIONS

- Q.** Can I take Women's Balance with other medications that I'm currently taking?
- A.** If you are planning on taking Women's Balance with other medications, we recommend consulting with your physician first. Your physician should be able to advise you if there are ingredients that should not be used with each other, or if there are potential interactions between both products.
- Q.** Does Women's Balance contain any hormones?
- A.** No, Women's Balance does not contain hormones. Women's Balance delivers targeted botanicals to help support the management of symptoms associated with menopause.*

- Q.** Are there any other products that are recommended with Women's Balance?
- A.** Many women use Arbonne Essentials Sleep Well Spray to help support a good night's rest and help balance the sleep/wake cycle.*