



LACTOSE FREE

Systane® ICAPS® Eye Vitamin & Mineral Supplement AREDS formula

Suggested Adult Intake: Two Softgels per day: 1 in the morning and 1 in the evening with meals or as directed by your physician.

Supplement Facts

Serving Size: 1 Softgel twice daily;
1 in the morning, 1 in the evening with meals.
Servings Per Container: 60

	Per Serving		Per Day (2 Softgels)	
	Amount	% Daily Value	Amount	% Daily Value
Calories	5		10	
Total Fat	0.5 g	0.6%**	1 g	1.2%**
Total Carbohydrates	0.5 g	<1%	1 g	<1%
Protein	0.2 g	<1%	0.4 g	<1%
Vitamin A (100% as beta carotene)	14320 IU	286%	28640 IU	573%
Vitamin C (ascorbic acid)	226 mg	377%	452 mg	753%
Vitamin E (as <i>dl</i> -alpha-tocopheryl acetate)	200 IU	667%	400 IU	1333%
Zinc (as zinc oxide)	34.8mg	232%	69.6 mg	464%
Copper (as cupric oxide)	0.8 mg	40%	1.6 mg	80%

** Percent daily values are based on a diet of 2000 calories/day.

Other Ingredients: Gelatin, Glycerin (glycerol), Soybean Oil, Coconut Oil, Corn Oil, Lecithin (Soybean), Vegetable Glycerides, Beeswax, Polyunsaturated Oils, Caramel, Titanium Dioxide, FD&C Red #40 Lake, Oxalic Acid, Metal Salts, *dl*-alpha-Tocopherol, FD&C Yellow #6 Lake, Cuprous Oxide.
 Contains 120 Softgels

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Systane® ICAPS® Eye Vitamin & Mineral Supplement AREDS formula is developed by Alcon, the world-wide leader in eye care. Each Systane® ICAPS® Eye Vitamin AREDS formula Softgel is made of high quality ingredients and meets the rigorous quality-control standards of Alcon.

Alcon is involved in research studying the potential positive effects of antioxidants and other ingredients on preserving healthy vision.

Specific lifestyle considerations such as smoking should be considered when choosing the proper Systane® ICAPS® formulation.

Do not use if the safety seal under the cap is broken or missing.

Caution: Softgels should be consumed whole. Do not consume damaged Softgels.

Keep out of reach of children.

Keep tightly closed in a dry place at controlled room temperature.

Food supplementation should not be used as a substitute for a varied diet.

Questions or Comments?
Call Us.

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Actual Size

[†] The antioxidant and zinc ingredients used in the Age-Related Eye Disease Study (AREDS)[†]

Systane®
I-Caps®
 EYE VITAMIN
 & MINERAL SUPPLEMENT

AREDS[†]

Age-Related Eye Disease Study

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Systane® ICAPS® Eye Vitamin & Mineral Supplement AREDS formula contains the same antioxidant and zinc levels used in the National Eye Institute's Age-Related Eye Disease Study (AREDS)[†]. AREDS is a ground-breaking, 10-year clinical study that proved the benefit of these high-potency antioxidant and zinc ingredients in certain patients at risk[†]. It is important to note that the high-potency Vitamin C, Vitamin E and Zinc ingredient levels found in Systane® ICAPS® Eye Vitamin AREDS formula generally can be obtained only by supplementation and not through diet alone.

Developed by Alcon, the global leader in eye care products.

[†] Age-Related Eye Disease Study Research Group, Archives of Ophthalmology, 2001; 119:1417-1436