

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 60	
Amount Per Serving	% DV
Cinnergy Blend 500mg	
Organic Cinnamon Bark	†
Powder	
Milk Thistle 4:1	†
† Daily Value (DV) Established	
Other Ingredients: Gelatin	



Frequently Asked Questions

1. Is Cinnergy the same type of cinnamon I’d find in the store?

No. Cinnergy is a unique blend of organic cinnamon and milk thistle that was specifically designed to contain the entire array of medicinal compounds, as intended by Mother Nature, and identified by state of the art chemistry testing methods.

2. How should I take Cinnergy?

If you are a type II diabetic and trying to master your blood sugar levels and hormones, start by taking 2 capsules a half hour before breakfast and 5-8 ounces of water.

Once you’ve mastered your sugar levels and hormones, as well as aligned your eating habits with *The “Stop Eating So F#@%ing Much” Diet*, 1 capsule per day might be sufficient.

If you are not a type II diabetic, take 1 capsule a half hour before breakfast, every 3-5 days. You should also align your eating habits with *The “Stop Eating So F#@%ing Much” Diet*.

3. What can I expect from Cinnergy?

You can expect to control or lower your blood sugar and insulin levels, preserve liver health as well as keep inflammation to an absolute minimum. In doing this, you slow the aging process by preventing belly fat, sugar cravings, and Type II diabetes. The combination of cinnamon and milk thistle is a dynamic duo that works by preserving our fat metabolism as we age. As this occurs, you can expect more energy, a drop in sugar cravings, clear skin and a flat stomach over time thanks to “Hormone Intelligence Therapy.”

4. Will Cinnergy help me lose weight?

Cinnergy targets the liver, blood sugar and insulin. This helps preserve a lean and sexy metabolism. It will not help you master your best physique if you are 20 to 150 lbs over weight. For extreme fat loss, it’s all about hormones, not just liver health, blood sugar and insulin. To get your best physique, use Cinnergy with “Hormone Intelligence Therapy.”

5. Can I take Cinnergy with medications?

Yes. Cinnergy is non-toxic. It will even protect your body from the toxicity associated with commonly used medications.

If you are taking medication for lowering blood sugar, you must read Over-The-Counter Natural Cures to learn how the right cinnamon products will help you get off dangerous medications.

6. Will Cinnergy cause my blood to thin too much?

No. It is a myth that cinnamon products dangerously thin blood due to Coumadin-like compounds. Cinnergy will not cause your blood to thin too much.

7. Will Cinnergy cause my spouse to think I am a sexy beast?

Probably not. But if so, please email us at support@thepeopleschemist.com so we can tell our fans of this new-found side effect. However, [Hormone Intelligence Therapy \(HIT\)](#) will! Click here to buy now.

8. What is The “Stop Eating So F#@%ing Much” Diet?

Written by The People’s Chemist, this diet outlines 6 lifestyle habits that are mandatory for optimizing your hormone balance, output and sensitivity. Overall, it stops cravings, boosts energy and slows the aging process. It’s a perfect combo with Cinnergy.

9. Can I take Cinnergy if I have Type 1 Diabetes?

No.

♦ The People’s Chemist provides these articles for information only. They are not meant to provide medical advice, diagnosis, or treatment, and do not replace professional medical advice from a medical doctor. I am not a doctor and would only “play doctor” if I was with my wife. In fact, I have not even read Grey’s Anatomy.

* Every testimonial on this site is true and correct as submitted by active customers. Their results are individual cases and do not at all guarantee that you will get the same results. Results vary widely and there is nothing that works 100%.

** These statements have not been evaluated by the Food and Drug Administration FDA. Products sold by The People’s Chemist are not intended to diagnose, treat, cure or prevent any medical disease. They are not approved by FDA.

Information provided by The People’s Chemist is intended for your general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. If you want more detailed information, read *Over-The-Counter Natural Cures Expanded*. Also, always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition or emergency.

The information on this website is not intended to diagnose you, treat you, cure you or prevent any disease. Never disregard medical advice or delay in seeking it because of something you have read on this site. Product sold on this site are for personal use and not for resale.

All orders placed through this website are subject to The People’s Chemist acceptance, in its sole discretion. This means that The People’s Chemist may refuse to accept, or may cancel, any order, whether or not it has been confirmed, without liability to you or any third party. The People’s Chemist reserves the right to discontinue any program or offer.

For a master list of references and scientific citations relevant to the content of The People’s Chemist, please [click here](#).

‡ Recent media coverage and scientific publications has focused on the ingredients generically, not the individual products that contain those ingredients.

† Individual results may vary