

LUTEIN & ZEAXANTHIN

See Coupon on Inside of Carton





EASY TO SWALLOW Contains all natural Lutein Suggested Adult Intake: One tablet twice a day WITH MEAL or as directed by a physician.

Supplement Facts Serving Size: 1 Tablet:

Servings Per Container: 60

| | Amount % Daily Value | | Amount % Daily Value | |
|--|----------------------|-------------|----------------------|--------|
| Calories | 3 | | 6 | |
| Total Carbohydrates | 0.6g | <1%* | 1.2g | <1%* |
| Vitamin A (100% as beta carotene) | 3,300 IU | 66% | 6,600 IU | 132% |
| Vitamin C (ascorbic acid) | 200 mg | 333% | 400 mg | 667% |
| Vitamin E (as dl-alpha- tocopheryl acetate) | 75 IU | 250% | 150 IU | 500% |
| Riboflavin (Vitamin B2) | 5 mg | 294% | 10 mg | 588% |
| Calcium | 20 mg | 2% | 40 mg | 4% |
| Zinc (as zinc acetate) | 30 mg | 200% | 60 mg | 400% |
| Selenium (as selenium amino acid chelate) | 20 mcg | 29% | 40 mcg | 57% |
| Copper (as copper amino acid chelate) | 2 mg | 100% | 4 mg | 200% |
| Manganese (as manga amino acid chelate) | nese 5 mg | 250% | 10mg | 500% |
| Lutein/Zeaxanthin | 2 mg | t | 4 mg | t |
| * Percent daily values : | | n a diet of | 2000 calorie | es/day |

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Other ingredients: Hypromellose, Microcrystalline Cellulose, Gelatin, Dicalcium Phosphate, Starch, Silicon Dioxide, Magnesium Stearate, Titanium Dioxide, Polydextrose, Glucose, Sorbic Acid, Talc, Sodium Benzoate, Sodium Chloride, Triglycerides, Sodium Ascorbate. di-Aabha-Tocopherol, Sodium Sulfate, Carnauba Wax.

LACTOSE FREE

Systane® ICAPS® Eye Vitamin & Mineral Supplement Lutein & Zeaxanthin Formula is a safe and effective ocular dietary supplement.

Systane* ICAPS* Eye Vitamin & Mineral Supplement Lutein & Zeaxanthin Formula is the only major ocular antioxidant supplement that has a delayed-release formula. This unique delayed-release formula allows the ingredients to dissolve gradually, thereby contributing to greater absorption by the body.

Systane* ICAPS* Eye Vitamin & Mineral Supplement Lutein & Zeaxanthin Formula is developed by Alcon Laboratories, a world-wide leader in eye care. Each Systane* ICAPS* tablet is made of high quality ingredients and meets the rigorous quality-control standards of Alcon. Alcon is involved in research studying the positive effects of antioxidants and carotenoids on healthy vision. This Systane* ICAPS* formula is Alcon's way of providing you with the important ingredients being

DO NOT USE IF THE SAFETY SEAL UNDER THE CAP IS BROKEN OR MISSING.

KEEP OUT OF REACH OF CHILDREN.

studied by vision experts today.

Caution: Tablet not to be broken before consumption.



Actual Size

EASY TO SWALLOW

Systane* ICAPS* Eye Vitamin & Mineral Supplement Lutein & Zeaxanthin Formula is a specialized, comprehensive formula of carotenoids, antioxidants, and minerals important to vision. Lutein and Zeaxanthin are natural carotenoids that have been shown through structural and clinical studies to be concentrated in the macular segment of the retina. These carotenoids are not produced by the human body, and their accumulation in the eye is dependent on dietary intake. Studies suggest a relationship between these two carotenoids and the maintenance of a normal healthy macula and clarity of the lens of the eye. Zinc is an important mineral found in high concentrations in healthy eyes. Zinc acetate has been proven to be the form of zinc with greatest absorption by the body.² Keept tightly closed in a dry olace at controlled room

temperature.

Lot number & expiration date are printed on bottle inside

of this package.

LACTOSE FREE

 Bone RA, Landrum JT, Tarsis SL. Vision Res. 25:1531-1535 (1985).
 Prasad SP, Beck FWJ, Nowak J. Comparison of Absorption of Five Zinc Preparations in Humans Using Oral Zinc Tolerance Test. The Journal of Trace Elements in Experimental Medicine 1993: 6:109-115.

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