



Product Details:

Dietary Supplement. Multiple Vitamins with Chelated Minerals.

Directions:

As a dietary supplement, take one tablet daily, preferably with a meal.

Ingredients:

Whey(milk) Pharmaceutical Glaze, Stearic Acid, Hydroxypropyl Methylcellulose, Magnesium Stearate, Silicon Dioxide.

Drug Interactions:

Warnings:

Niacin may cause flushing, tingling and skin reddening. Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under six. In case of accidental overdose, call a physician or poison control center immediately. Keep out of reach of children. If you develop tingling, numbness sensation, decreased sensation to touch, balance difficulties or taking levodopa, consult your physician immediately.

Nutrition Facts

Serving Size: 1 tablet
Servings Per Container: 60

Amount Per Serving

		% Daily Value
Biotin	100.0 mcg	33 %
Folate	400.0 mcg	100 %
Vitamin B12	100.0 mcg	1667 %
Vitamin B6 (as Pyridoxine Hydrochloride)	100.0 mg	5000 %
Riboflavin	100.0 mg	5882 %
Rose Hips	5.0 mg	
Vitamin C (as Ascorbic Acid)	250.0 mg	417 %
Rutin	50.0 mg	
Choline Bitartrate	100.0 mg	
Inositol	100.0 mg	
Niacin (as Niacinamide)	100.0 mg	500 %
Pantothenic Acid (as D-Calcium Pantothenate)	100.0 mg	1000 %
Magnesium (as Magnesium Oxide)	25.0 mg	6 %
Betaine Hydrochloride	30.0 mg	
Thiamin (as Thiamin Hydrochloride)	100.0 mg	6667 %
Copper (as Copper Gluconate)	500.0 mcg	25 %
Iodine (as Kelp)	150.0 mcg	100 %
Para-Aminobenzoic Acid	100.0 mg	
Hesperidin Complex	10.0 mg	
Potassium (as Potassium Chloride)	10.0 mg	-1 %
L-Glutathione	5.0 mg	
Vitamin E (as DI-Alpha Tocopheryl Acetate)	150.0 IU	500 %
Citrus Bioflavoids	50.0 mg	
Vitamin A (as 100% Beta Carotene)	7500.0 IU	150 %
Calcium (as Dicalcium Phosphate Dihydrate)	44.0 mg	4 %
Phosphorus (as Dicalcium Phosphate Dihydrate)	35.0 mg	4 %
L-Cysteine Hydrochloride Anhydrate	25.0 mg	
Vitamin D (as D3 Cholecalciferol)	400.0 IU	100 %
Iron (as Ferrous Sulphate Dihydrate & AAC)	4.0 mg	22 %
Zinc (as Zinc Sulphate Dihydrate)	15.0 mg	100 %
Selenium (as AAC)	25.0 mcg	36 %
Manganese (as Manganese Sulfate Dihydrate)	6.0 mg	300 %
Chromium (as GTF Yeast)	200.0 mcg	167 %

*percent Daily Values are based on a 2,000 calorie diet.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*