

21ST
CENTURY®



HERBAL EXTRACT

STANDARDIZED

Black Cohosh & Soy Isoflavones

Maximum Strength Formula with Isoflavones
for Nutritional Support During Menopause*

Dietary Supplement — 60 Vegetarian Capsules

Directions: Take two (2) vegetarian capsules daily—one (1) in the morning and one (1) in the evening with meals for maximum daily results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children.
Do not use if product appears to be tampered with or seal is broken. Store at room temperature.
Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Salt, Yeast, Preservatives or Artificial Flavors.
100% Vegetarian Formula



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Supplement Facts

Serving Size: 2 Vegetarian Capsules
Servings Per Container: 30

Amount Per Serving	% DV
Black Cohosh Extract (root) 100 mg ** standardized concentrate of Cimicifuga racemosa (root).	
Soy Isoflavones 80 mg **	

**Daily Value (DV) not established.

Other Ingredients: Rice Bran, Oat Fiber, Vegetable Cellulose, Magnesium Silicate, Magnesium Stearate.
This product contains a soy ingredient.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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21ST Century®...for a healthier future.

Black Cohosh Extract

21st Century Black Cohosh Extract (Cimicifuga racemosa) with Isoflavones is a beneficial supplement during menopause.* Black Cohosh Extract is recommended by the German Kommission E and is backed by 40 years of research. Allow between 4 and 6 weeks for best results. 21st Century's standardized herbal extracts are thoroughly tested to assure specific levels of the important active ingredients are present for maximum benefit.

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