

EPA and DHA are important Omega-3 fatty acids that supports cardiovascular health as well as being important components of the cells in the body.* 21ST Century Fish Oil contains high quality molecularly distilled fish oil concentrate.

Directions: As a dietary supplement, adults take one (1) softgel with any meal, up to three (3) times daily or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Artificial Flavors or Colors.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Fish Oil

1000 mg

Omega-3 | 300 mg



Heart Health Support*

DIETARY SUPPLEMENT

300 SOFTGELS



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1% [†]
Saturated Fat	0.5 g	2% [†]
Polyunsaturated Fat	0.5 g	**
Cholesterol	<5 mg	2%
Fish Oil Concentrate	1,000 mg	**
EPA (Eicosapentaenoic Acid)		**
DHA (Docosahexaenoic Acid)		**
Total Omega-3 Fatty Acids	300 mg	**

[†] Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Purified Water, Refined Soybean Oil, Mixed Tocopherols. **Contains soy and fish (anchovy, cod, herring, mackerel, salmon, sardine, sprat).**

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