

Directions: Take one (1) tablet daily with any meal for maximum daily results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast, Preservatives, Artificial Flavors or Colors.



1212



An Essential B-Complex Vitamin for
Normal Metabolism of Carbs, Protein & Fats*

Easy-to-Swallow Smaller Tablet • ~~110~~ 100 Tablets

21ST
CENTURY®



VITAMIN SUPPLEMENT

HIGH POTENCY

Biotin

800 mcg

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% DV
Biotin	800 mcg	267%
Calcium (as Calcium Carbonate)	65 mg	7%

Percent Daily Value (DV).

Other Ingredients: Cellulose, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide, Magnesium Stearate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21st Century®...for a healthier future.

Biotin 800 mcg

Biotin is part of the B-complex vitamins. It aids in cell growth and production of fatty acids.* It is an essential nutrient for normal metabolism of carbohydrates, proteins and fats.*

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