

# 21<sup>ST</sup> CENTURY®



## Enteric Coated to Avoid Upset Stomach, Aftertaste & Reflux!

Fish, Flax and Borage oils are sources of polyunsaturated fatty acids. Omega-3, 6 & 9 fatty acids are known for their potential health benefits.\*

**Directions:** As a dietary supplement, adults take one (1) softgel with any meal, three (3) times daily or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

**Warning:** Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Artificial Flavors or Colors.

REFLUX FREE

# Triple Omega Complex 3-6-9



Heart Health Support\*

ACTUAL SIZE

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

DIETARY SUPPLEMENT

90 ENTERIC COATED SOFTGELS



## Supplement Facts

Serving Size 1 Softgel

| Amount Per Serving             | % Daily Value |
|--------------------------------|---------------|
| Calories                       | 15            |
| Total Fat                      | 1 g 1%        |
| Polyunsaturated Fat            | 0.5 g **      |
| Monounsaturated Fat            | 0.5 g **      |
| Cholesterol                    | 5 mg 2%       |
| Triple Omega Complex 3-6-9     | 1 g **        |
| Fish Oil                       | 400 mg **     |
| EPA (Eicosapentaenoic Acid)    | 70 mg **      |
| DHA (Docosahexaenoic Acid)     | 45 mg **      |
| Flaxseed Oil                   | 400 mg **     |
| Alpha Linolenic Acid (omega-3) | 200 mg **     |
| Linoleic Acid (omega-6)        | 50 mg **      |
| Oleic Acid (omega-9)           | 60 mg **      |
| Borage Oil                     | 400 mg **     |
| Gamma Linolenic Acid (omega-6) | 70 mg **      |
| Linoleic Acid (omega-6)        | 125 mg **     |
| Oleic Acid (omega-9)           | 55 mg **      |

\* Percent Daily Value based on a 2,000 calorie diet.

\*\* Daily Value not established.

**Other Ingredients:** Gelatin, Glycerin, Purified Water, Mixed Tocopherols. Coating contains one or more of the following (Sodium Alginate, Stearic Acid, Ethylcellulose, Medium Chain Triglycerides, Oleic Acid, Polymethylacrylate, PEG, Talc, Vanillin). **Contains soy and fish (herring, anchovy, mackerel, sardine, sprat and salmon).**

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