

Directions: Take one (1) capsule daily with any meal for maximum daily results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature. No added Sugar, Yeast, Preservatives, Artificial Flavors or Colors.



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**21ST
CENTURY®**



VITAMIN SUPPLEMENT

SUPER POTENCY

Biotin

5000 mcg

**An Essential B-Complex Vitamin for
Normal Metabolism of Carbs, Protein & Fats***

110~~X~~00 Capsules

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving		% DV
Biotin	5000 mcg	1667%
Calcium (as Dicalcium Phosphate)	113 mg	11%

Percent Daily Value (DV).

Other Ingredients: Cellulose, Gelatin, Stearic Acid, Magnesium Silicate, Magnesium Stearate.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century HealthCare, Inc.
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www.21stcenturyvitamins.com



21st Century®...for a healthier future.

Biotin 5000 mcg

Biotin is part of the B-complex vitamins. It aids in cell growth and production of fatty acids.* It is an essential nutrient for normal metabolism of carbohydrates, proteins and fats.*

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