

VALUE SIZE



One-Daily

Multi-Vitamin with Minerals

DIETARY SUPPLEMENT

PACKAGE NOT CHILD RESISTANT

200 Tablets

TAMPER EVIDENT: Do not use if imprinted seal under cap is missing or broken.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Tablet	% Daily Value
Vitamin A	5,000 IU	100%
Vitamin C	50 mg	83%
Vitamin D-3	400 IU	100%
Thiamin	2 mg	133%
Riboflavin	2.5 mg	147%
Niacin	20 mg	100%
Vitamin B-6	1 mg	50%
Vitamin B-12	1 mcg	17%
Pantothenic Acid	1 mg	10%
Calcium	19 mg	2%
Iron	4.5 mg	25%
Phosphorus	10 mg	1%
Iodine	150 mcg	100%
Magnesium	10 mg	2%
Zinc	4 mg	25%
Selenium	5 mcg	7%
Manganese	1 mg	50%
Chromium	5 mcg	4%

Other ingredients: Stearic Acid, Croscarmellose Sodium, Gelatin, Magnesium Silicate, Hypromellose, Starch, Magnesium Stearate, Povidone, Titanium Dioxide, Sucrose, Dicalcium Phosphate, Triacetin, Cellulose, Mineral Oil, FD&C Yellow #6 Lake and BHT.

Suggested use: Adults - One tablet daily as a dietary supplement, or as directed by your physician.

As with any supplement, if you are pregnant, nursing, or taking medication, ask a health professional before use.

WARNING: Accidental overdose of iron-containing supplements is a leading cause of fatal poisoning in children under 6.

Keep this product out of reach of children.

In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at room temperature.

DIST. BY: **GERI-CARE PHARMACEUTICALS CORP.**

1650 63rd STREET, BROOKLYN, NY 11204

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