

# Swanson® EFAs

SUPERIOR ESSENTIAL FATTY ACIDS



RIMFROST  
**Krill Oil**

Dietary Supplement

60 softgels



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.  
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

**SUGGESTED USE:** As a dietary supplement, take one softgel one to two times per day with food and water.

**WARNING:** Consult your healthcare provider before use if you are taking a blood-thinning medication.

## Supplement Facts

Serving Size 1 Softgel

| Amount Per Serving           | % Daily Value |
|------------------------------|---------------|
| Calories                     | 5             |
| Calories from Fat            | 5             |
| Total Fat                    | 0.5 grams <1% |
| Cholesterol                  | 5 mg 2%       |
| Krill Oil (from shellfish)   | 500 mg *      |
| Omega-3 Fatty Acids          | 110 mg *      |
| EPA (eicosapentaenoic acid)  | 60 mg *       |
| DHA (docosahexaenoic acid)   | 27 mg *       |
| Astaxanthin (from krill oil) | 40 mcg *      |

Percent Daily Values are based on a 2,000 calorie diet.  
\*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified (deionized) water.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS  
PO Box 2803 • Fargo, ND 58108 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148  
or visit our website at [www.swansonvitamins.com](http://www.swansonvitamins.com)

RIMFROST™ is a trademark of Olympic Seafood AS.



8761417090

0

SWE090  
9